Record Nr. UNINA9910300333003321 ESSKA Instructional Course Lecture Book [[electronic resource]]: Titolo Amsterdam 2014 / / edited by Stefano Zaffagnini, Roland Becker, Gino M.M.J. Kerkhoffs, João Espregueira Mendes, C. Niek van Dijk Berlin, Heidelberg:,: Springer Berlin Heidelberg:,: Imprint: Springer, Pubbl/distr/stampa **ISBN** 3-642-53983-1 Edizione [1st ed. 2014.] Descrizione fisica 1 online resource (321 p.) Disciplina 610 617.1027 617.47 617.582 Soggetti Orthopedics Sports medicine Surgical Orthopedics Sports Medicine Lingua di pubblicazione Inglese **Formato** Materiale a stampa Livello bibliografico Monografia Note generali "Represents a latest update on the current knowledge on knee surgery, sports traumatology and arthroscopy, presented at the 2014 ESSKA congress. Nota di bibliografia Includes bibliographical references at the end of each chapters and index. Nota di contenuto Osteoarthritis in young and resurfacing procedures (Young shoulder osteoarthritis - which solution?) -- How to treat rotator cuff re-tears --Back to basics in rotator cuff reconstructions -- Elbow arthroscopy: from basic to advance -- Anatomy of the ACL and reconstruction --Achilles tendon rupture treatment: still a weak spot?- How to address multiligament injuries -- How to share guidelines in daily practice on: Meniscus repair, degenerate meniscal lesion, meniscectomy -- 3D Anatomy vs. Arthroscopy vs. Navigation -- How to do proper research -- Education of young doctors -- Tips and Tricks in UKA -- MPFL Reconstruction -- Planning a primary TKA -- Cartilage lesion and the patello-femoral joint -- Subchondral bone and reason for surgery --Hip arthroscopy: Basics -- Acute muscle injury.

Sommario/riassunto

This book provides an update on a wide variety of hot topics in the field of knee surgery, sports trauma, and arthroscopy, covering the latest developments in basic science and clinical and surgical methods. It comprises the Instructional Course Lectures delivered at the 16th ESSKA Congress, which was held in Amsterdam during May 2014 and brought together the world's leading orthopaedic and sports physicians. The contributions are all written by European and international experts in their field. Each lecture has a practical focus and provides an up-to-date synthesis of core knowledge on the subject in question with the aid of high-quality illustrations. Take home messages and key recommendations are highlighted. This book will be of value to practitioners and researchers alike.