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Titolo Body Image, Eating, and Weight [[electronic resource]]: A Guide to

Assessment, Treatment, and Prevention / / edited by Massimo

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Psychotherapy Counseling Health promotion

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Lingua di pubblicazione Inglese

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Livello bibliografico Monografia

Nota di contenuto Body schema and body image: a brief history of the concepts --

Neuroscience and body image -- Psychoanalysis and body image -- Family functioning and body image -- Cognitive-behavioral learning theories and body image -- Feminist perspectives on body image. - Body image: gender, age, and ethnic differences -- Body image: methods of assessment in children, adolescents and adults -- Body

Uneasiness Test -- Diagnostic classification of body image

disturbances -- Body dysmorphic disorder -- Body image and muscle dysmorphia in male -- Dysmorphophobia by Enrico Morselli: selected passages and comment -- Diagnostic classification of eating disorders -- Body image and anorexia nervosa -- Body image and bulimia

nervosa -- Body image and binge eating disorder -- Body image and other eating disorders -- Body image and orthorexia nervosa --

Diagnostic classification of overweight and obesities -- Body image and overweight/obesity in children -- Body image and overweight/obesity in adults -- Non-surgical weight loss and body image in children,

Sommario/riassunto

adolescents and adults -- Body image before and after bariatric surgery in adolescents and adults -- Gender dysphoria, body image, eating, and weight -- Sexual orientation, body image, eating, and weight -- Sexual abuse, body image, eating, and weight -- Body image and integrated prevention of eating and weight disorders.

This book equips readers with the knowledge required to improve diagnosis and treatment and to implement integrated prevention programs in patients with eating and weight disorders. It does so by providing a comprehensive, up-to-date review of research findings and theoretical assumptions concerning the interface and interactions between body image and such disorders as anorexia nervosa, bulimia nervosa, binge eating disorder, other specified feeding and eating disorders, orthorexia nervosa, overweight, and obesity. After consideration of issues of definition and classification, the opening part of the book examines the concept of body image from a variety of viewpoints. A series of chapters are then devoted to the assessment of the multidimensional construct "body image", to dysmorphophobia/body dysmorphic disorder, and to muscle dysmorphia. The third part discusses body image in people suffering from different eating disorders and/or overweight or obesity, and two final chapters focus on body image in the integrated prevention of eating disorders and obesity, and cultural differences regarding body image. The book will be of interest to all health professionals who work in the fields of psychiatry, clinical psychology, eating disorders, obesity, body image, adolescence, public health, and prevention.