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Nota di contenuto	Advances in the treatment of complex knee injuries -- "Small" fractures below the knee: do not miss – do not mistreat!.- Meniscal injuries, management and outcome.- Basic concepts in hip arthroscopy. - Osteotomy, the surgical details you want to know.- Fast-track in TKA surgery- where are we now?.- New insights in diagnosis and treatment of distal biceps pathology.- Visualisation and anesthesia in shoulder arthroscopy.- The role of arthroscopy in ankle instability treatment. - Combined meniscus and cartilage lesions.- Osteotomies, advanced and complex techniques.- Patellofemoral joint instability: Where are we in 2018? -- Extra-articular shoulder endoscopy, a review of techniques and indications.- Unicompartmental knee arthroplasty.- Sports injuries in throwing athletes.- Decision making in anterior shoulder instability. - Pediatric ACL Injuries: Treatment & challenges.- Return to play following achilles tendon rupture.- Management of less frequent and multiligament knee injuries.- Patellofemoral instability: How to operatively stabilize the patella.- Massive retracted rotator cuff tear: treatment options.- Instability after total knee arthroplasty.- Dance Orthopaedics, ballet injuries and when to perform surgical treatment.

Sommario/riassunto

This book, comprising the Instructional Course Lectures delivered at the 18th ESSKA Congress in Glasgow in 2018, provides an excellent update on current scientific and clinical knowledge in the field of Orthopaedics and Sports Traumatology. A variety of interesting and controversial topics relating to the shoulder, elbow, hip, knee, and foot are addressed, all of which are very relevant to the daily practice of orthopaedic surgeons. All of the contributions are written by well-known experts from across the world. The presentations will enable the reader to gain a better understanding of pathologies and may permit more individualized treatment of patients. The book will be of interest to clinicians and researchers alike.
