

1. Record Nr.	UNINA9910300294203321
Titolo	Promoting Safe and Effective Transitions to College for Youth with Mental Health Conditions [[electronic resource]] : A Case-Based Guide to Best Practices // edited by Adele Martel, Jennifer Derenne, Patricia K. Leebens
Pubbl/distr/stampa	Cham : , : Springer International Publishing : , : Imprint : Springer, , 2018
ISBN	3-319-68894-4
Edizione	[1st ed. 2018.]
Descrizione fisica	1 online resource (285 pages)
Disciplina	616.8900835
Soggetti	Child psychiatry Child and Adolescent Psychiatry
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Nota di contenuto	Section I: Background Chapters -- The Practice Gap in Healthcare Transition: Focus on Young People Heading to College with a Mental Health Condition -- Essential Domains in Transition Planning and the Roles of Various Constituents -- The Range of Post-Secondary Options and Thinking about the Differences between High School and College -- Understanding Campus Mental Health Services and the Campus System of Care -- Adaptation of Pediatric Health Care Transition Guidelines for Use with Youth Heading to College with Mental Illness: Building a Toolkit -- Section II: Clinical Cases Focusing on Diagnosis -- "Perplexed in Translation": Bringing a Language Disorder to College -- "There is my way.... and then there is my way" - College Transition Challenges for a Student on the Autism Spectrum -- "Time is Not on My Side" -- A College Student with ADHD and a Reading Disability -- "Rob's World: Evolving Psychosis and the Transition to College" -- "Coping with Highs and Lows": A student with bipolar disorder goes to college -- "Driven to Depression" Overachieving College Student with Recurrent Depressive Episodes -- "There's no Place Like Home": The Challenge of Going to College with Separation Anxiety Disorder -- "This Beer Should Do the Trick": College with a Social Anxiety Disorder -- "Anxiety Galore": Transition to College with Generalized Anxiety Disorder --

“Just Right” Transitioning to College with Obsessive Compulsive Disorder -- “My nightmares aren’t just about calculus 101”:
Transitioning to College with PTSD -- “Too Much on My Plate”:
Transitioning to College with an Eating Disorder -- “Transition in the Weeds”:
Heading to College with Cannabis Use Disorder -- Stealing Youth: Personality Disorder goes to College -- Section III. Clinical Cases Focusing on Special Populations and Situations -- “Baby, Please Don’t Change”:
Transitioning squared, transgender in college -- Juggling Priorities: Staying Sober in College as a Non-traditional Student -- Moving Forward by Taking Leave: A Paradoxical Path to Success -- Half a World Away: The Mental Health Journey of an International Student -- “If I Am Not an Athlete, Then Who Am I?”: Portrait of a Depressed Student-Athlete -- The Challenge of Coming in First: Helping First Generation College Students Win Beyond Getting In -- Fostering Transitions to College: Considerations for Youth Aging out of Foster Care -- Summary: Lessons Learned.

Sommario/riassunto

This concise and practical book provides an overview of how to safely and effectively transition adolescents with mental health conditions into a college environment. Therapeutic strategies to assess and promote readiness for transition to college are discussed in case-based chapters, which include case history, analysis of transition, clinical pearls, literature review, and helpful resources for clinicians, patients, and families. Filling a significant gap in the literature, this resource delivers essential information for psychiatrists, psychologists, and other mental health professionals who work with children, adolescents, and their families before, during, and after the transition to college.
