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Titolo	Allergies and Adolescents : Transitioning Towards Independent Living / / edited by David R. Stukus
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ISBN	3-319-77485-9
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Descrizione fisica	1 online resource (253 pages)
Disciplina	616.97
Soggetti	Allergy Pediatrics General practice (Medicine) Allergology General Practice / Family Medicine
Lingua di pubblicazione	Inglese
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Livello bibliografico	Monografia
Nota di contenuto	1: The Allergy Epidemic -- 2: Adolescent Brain Development and Implications for Adolescents with Allergies -- 3: How Can We Best Communicate with Adolescents? -- 4: The Many Faces of Nonadherence in Adolescents -- 5: Allergic Rhinitis -- 6: Allergic Rhinitis Pertaining to Adolescents -- 7: Asthma: A Heterogeneous and Challenging Chronic Condition -- 8: Managing Adolescent Asthma: More than Just Medications -- 9: Food Allergies: An Overview -- 10: Food Allergies and the Teenager -- 11: Atopic Dermatitis: Overview -- 12: Atopic Dermatitis Pertaining to Adolescents -- 13: Other Allergic Conditions: Venom Hypersensitivity, Drug Allergy, Chronic Urticaria/Angioedema, Primary Immune Deficiency -- 14: What Now? Practical Steps for Adolescents with Allergies and Asthma to Manage Their Healthcare Independently -- 15: A Practical Approach for Clinicians to Prepare -- Adolescents for Independent Living.
Sommario/riassunto	This unique book is intended to assist readers in understanding various allergic diseases as they pertain to the adolescent, with a strong focus on encouraging their transition into self-management. Allergies and Adolescents thoroughly addresses both the cognitive and social

development of adolescents and provides effective strategies for involving them in their own self-management. Different types of nonadherence are covered in detail, and specific conditions such as allergic rhinitis, asthma, food allergy, and eczema each have a chapter devoted to a comprehensive discussion of basic concepts surrounding diagnosis and management. These chapters are then followed by a separate chapter providing details as to how that condition can specifically impact adolescents. Chapters containing practical tips that can be immediately implemented by adolescents and their families as well as clinicians conclude the book. Written by experts in their respective fields, *Allergies and Adolescents* is a comprehensive resource for multiple audiences, including the allergist, pediatrician, and any other healthcare provider working with adolescents, guiding them towards self-management, and preparing them for independent living.
