

1. Record Nr.	UNINA9910300273403321
Titolo	Affirmative Mental Health Care for Transgender and Gender Diverse Youth : A Clinical Guide / / edited by Aron Janssen, Scott Leibowitz
Pubbl/distr/stampa	Cham : , : Springer International Publishing : , : Imprint : Springer, , [2018] ©2018
ISBN	9783319783079 3319783076 9783319783062 3319783068
Edizione	[First edition 2018.]
Descrizione fisica	1 online resource (226 pages)
Disciplina	306.768
Soggetti	Psychiatry Psychology General practice (Medicine) Internal medicine Psychology, general General Practice / Family Medicine Internal Medicine
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Nota di bibliografia	Includes bibliographical references and index.
Nota di contenuto	Chapter 1. Affirming and Gender-Informed Assessment of Gender Diverse and/or Transgender Youth Across Development -- Chapter 2. Social Gender Transition and the Psychological Interventions -- Chapter 3. Transgender Adolescents and the Gender Affirming Interventions: Pubertal Suppression, Hormones, Surgery, and Other Pharmacological Interventions -- Chapter 4. Gender Dysphoria and Family Dynamics, and Culture: A Case Composite -- Chapter 5. The Gender Nonbinary Adolescent -- Chapter 6. "I'm Here to Get Taller and Because I Want to be a Boy": A Case of Down-Turner Mosaicism in a Prepubescent Gender-Nonconforming Child -- Chapter 7. Pre-pubertal Children with Gender Dysphoria: A Case to Illustrate the Management of Co-Occurring Attention Deficit Hyperactivity Disorder and Disruptive

Behavior Disorders -- Chapter 8. Gender Dysphoria and Autism Spectrum Disorders -- Chapter 9. Anxiety and Gender Dysphoria -- Chapter 10. Childhood Gender Nonconformity and Trauma Recovery in a Transgender Latina: A Retrospective Case Example -- Chapter 11. Depression and Gender Dysphoria -- Chapter 12. Gender Dysphoria and Psychotic Spectrum Disorders -- Chapter 13. Gender Dysphoria and Multiple Co-Occurring Psychiatric Issues: Compare and Contrast.

---

## Sommario/riassunto

This unique resource offers an in-depth, comprehensive look at different types of mental health needs of transgender and gender diverse youth, how these intersect with gender identity, gender expression, and sexual orientation, and provides practical information on how to ethically, responsibly, and sensitively care for these patients. *Affirmative Mental Health Care for Transgender and Gender Diverse Youth: A Clinical Guide* begins with three introductory chapters which contain practical information regarding assessment, psychological interventions, and the potential medical and surgical interventions that are indicated for youth with gender identity concerns. The remaining chapters are illustrated by multiple cases build around overarching chapter themes. Each case chapter opens with broad questions applicable to clinical practices, while the cases themselves focus on a particular co-occurring mental health condition. The case chapters are structured with intersectionality in mind, including elements of ethnic, racial, and cultural diversity, and the patients range over the full developmental spectrum, from pre-pubertal children to older adolescents. Chapter cases range in complexity as well, to provide readers with the tools they need to evaluate patients, and to assist in the decision of which presenting factors to prioritize in treatment at which time. Ending each chapter are clinical take-home messages, closing with additional practical knowledge that can be applied to other cases providers may see in their own practices. Written by expert clinicians in the field, *Affirmative Mental Health Care for Transgender and Gender Diverse Youth: A Clinical Guide* is an ideal resource not only for child and adolescent psychiatrists, but for clinicians across all mental health disciplines working with gender non-conforming youth, and who are interested in providing informed, affirmative, and intersectional care.

---