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Titolo	Multidisciplinary Approach to Osteoporosis : From Assessment to Treatment // edited by Andrea Lenzi, Silvia Migliaccio
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Edizione	[1st ed. 2018.]
Descrizione fisica	1 online resource (327 pages)
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Soggetti	Endocrinology Metabolic diseases Orthopedics Endocrinology Metabolic Diseases
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Nota di bibliografia	Includes bibliographical references and index.
Nota di contenuto	Introduction -- Nutritional aspects -- Endocrinological aspects -- Metabolic aspects -- Andrological aspects -- Osteoporosis and physical exercise -- Treatment -- Conclusions.
Sommario/riassunto	This book describes in detail the multidisciplinary management of osteoporosis, providing readers with a thorough understanding of the rationale for a multidisciplinary approach and with the tools required to implement it effectively. The emphasis is on a translational approach, starting from basic concepts and fundamental mechanisms of the pathology and clinical morbidity. Experts in the field discuss the full range of relevant topics, including the significance of physical activity, nutritional strategies, and pharmacological treatment. Put another way, the book covers all aspects from the bench to the bedside. Physicians, scientists, and postgraduate students will all find it to be invaluable in understanding the causes and optimal management of osteoporosis, the incidence of which is increasing rapidly as populations age.