

1. Record Nr.	UNINA9910300229803321
Titolo	Tennis Elbow : Clinical Management / / edited by Jennifer Moriatis Wolf
Pubbl/distr/stampa	New York, NY : , : Springer US : , : Imprint : Springer, , 2015
ISBN	1-4899-7534-9
Edizione	[1st ed. 2015.]
Descrizione fisica	1 online resource (169 p.)
Disciplina	610 616.7 617.03 617.1027
Soggetti	Sports medicine Orthopedics Rehabilitation Sports Medicine
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Note generali	Description based upon print version of record.
Nota di bibliografia	Includes bibliographical references at the end of each chapters and index.
Nota di contenuto	Section I: Etiology -- Definition, Causes and Epidemiology -- Tennis Elbow in Athletes: More Than Just Tennis? -- Golfer's Elbow: Treatment Distinctions -- Section II: Conservative Treatment -- Evidence for No Treatment and Self-limited Treatment -- Medical Management: The Role of NSAIDS and Topical -- Therapy -- Splints -- Steroid Injections -- Blood and PRP Injections -- Other Treatments: Prolotherapy, Acupuncture, ESWL -- Section III: Surgery -- Open Surgical Treatment -- Arthroscopic Treatment -- Denervation -- Percutaneous Release -- Outcomes of Treatment and Return to Play: The Evidence -- Complications of Surgical Treatment and Salvage Procedures for Failed Surgery.
Sommario/riassunto	Bringing together the current knowledge and evidence about the causes and management of tennis elbow, or lateral epicondylitis, the diagnosis and various treatment options for this common sports injury are presented in detail. Generally attributed to overexertion or repetitive motion of the elbow joint, tennis elbow causes pain, tenderness and stiffness in the elbow and wrist even in non-athletic, day-to-day

activities, such as lifting and pulling. Beginning with its etiology, subsequent chapters explore both conservative and surgical treatments, from physical therapy, joint injections and acupuncture to arthroscopy, open surgery and denervation. Outcomes, rehabilitation and return to play are also discussed, as are techniques and indications for handling complications and revision surgery. Ideal for orthopedic surgeons and sports medicine practitioners, *Tennis Elbow: Clinical Management* is a practical reference for any clinician treating athletes or active patients.
