

1. Record Nr.	UNINA9910300224503321
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Titolo	Sports and Exercise Training as Therapy in Cancer : The Impact on the 24 Most Common and Deadliest Cancer Diseases Worldwide / / by Georg Stuebinger
Pubbl/distr/stampa	Wiesbaden : , : Springer Fachmedien Wiesbaden : , : Imprint : Springer, , 2015
ISBN	3-658-09505-9
Edizione	[1st ed. 2015.]
Descrizione fisica	1 online resource (xii, 123 pages) : illustrations
Collana	Research
Disciplina	610 616 616994 617.1027
Soggetti	Oncology Sports medicine Internal medicine Sports Medicine Internal Medicine
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Note generali	Bibliographic Level Mode of Issuance: Monograph
Nota di bibliografia	Includes bibliographical references.
Nota di contenuto	Introduction -- Sports & Exercise Training in Cancer -- Summary of Findings in Sports & Exercise Training -- Conclusion.
Sommario/riassunto	Georg Stuebinger verifies each of the 24 most common and deadliest cancer diseases worldwide including well-established and potential risk factors resp. important symptoms by using current literature and comprehensive scientific studies with a direct relation to the impact of various parameters of sports and exercise training such as training type, intensity, volume, duration and frequency complete with the corresponding effects. The impact of sports and exercise training as a potential therapy on reduced risk of cancer has been widely discussed in many scientific articles over the last few years, but is still widely unknown. In 2012, about 14 m cancer cases and 8.2 m cancer deaths appeared worldwide whereby cancer represents one of the most frequent causes of death accounting for approximately 13% with a

continuously rising number. Contents Studies about Sports and Exercise Training as Cancer Therapy Examples: The 24 Most Common and Deadliest Cancer Diseases Target Groups Physicians, especially Internists, Oncologists or General Practitioners Cancer Patients, Patients' Relatives, People Concerned and all People Interested About the Author Georg Stuebinger is a sport scientist with a master's degree at the University of Graz in Austria and an additional education in training therapy. He is very engaged in the subject of what impact sports and exercise training may have or has on cancer because of personal and occupational interests resp. to be able to show what kind of opportunities the latest scientific findings provide.
