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Titolo	Social Anxiety and Phobia in Adolescents : Development, Manifestation and Intervention Strategies / / edited by Klaus Ranta, Annette M La Greca, Luis-Joaquin Garcia-Lopez, Mauri Marttunen
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Nota di bibliografia	Includes bibliographical references at the end of each chapters.
Nota di contenuto	Background/Theoretical Accounts: The developmental psychopathology of social anxiety and phobia in adolescents -- Developmental Epidemiology of Social Anxiety and Social Phobia in Adolescents -- Easier to Accelerate Than to Slow Down: Contributions of Developmental Neurobiology for the Understanding of Adolescent Social Anxiety -- Developmental Transitions in Adolescence and their Implications for Social Anxiety -- Recognition and Manifestations of Adolescent Social Anxiety and Phobia in Diverse Settings: Assessment of Social Anxiety in Adolescents -- Social Anxiety and the School Environment of Adolescents -- Social Anxiety and Romantic Relationships -- Adolescent Social Phobia in Clinical Services -- Cognition-focused Interventions for Social Anxiety Disorder Among Adolescents -- Interpersonal Approaches to Intervention: Implications for Preventing and Treating Social Anxiety in Adolescents -- School-

based Interventions for Adolescents with Social Anxiety Disorder --
Social Skills-based Treatment for Social Anxiety Disorder in
Adolescents -- Pharmacotherapy for Adolescent Social Phobia --
Concluding Remarks.

Sommario/riassunto

This volume brings together research into diverse aspects of social anxiety and its clinical form, social phobia, in adolescents. Development of the condition, clinical manifestations, and evidence-based prevention and treatment strategies are all addressed, with emphasis on ways in which adolescent development and the broader family and peer context are reflected in the manifestation and treatment of symptoms. The first part of the book reviews epidemiological, neurobiological, and sociopsychological research on vulnerability factors that aim to clarify why both social anxiety and phobia intensify in adolescence. The second part focuses on the phenomenology of social anxiety and phobia in different developmental contexts and provides the reader with a review of developmentally-appropriate evidence-based assessment methods. For example, this section includes chapters on social anxiety in the school environment and in romantic relationships, social phobia in the clinical setting. The third section reviews the psychosocial prevention and treatment options for adolescent social anxiety as well as the psychopharmacological treatment of social phobia. Social Anxiety and Phobia in Adolescents will be informative and interesting for all child and adolescent psychiatrists, clinical psychologists, and psychotherapists as well as for school psychologists and counsellors.