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Titolo	Pearls and Pitfalls in Cosmetic Oculoplastic Surgery // edited by Morris E. Hartstein, MD, FACS, Guy G. Massry, MD, FACS, John B. Holds, MD, FACS
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Nota di contenuto	Foreword; Foreword (From 1st Edition); Preface; Editors; Contents; Contributors; Part I: Preoperative Evaluation; 1: Preoperative Evaluation of the Cosmetic Patient; Reference; 2: Evaluation of the Cosmetic Patient; The Eightfold Path to Patient Happiness; Manage the Balance of Power Between Doctor and Patient; Listen to Your Patient Before Surgery (or You Will Surely Have to Listen to Them After); Document and Demonstrate; Ensure Appropriate Patient Motivation; Determine Realistic Surgical Goals; Screen Out the Difficult Patient; Conduct a Thorough Informed Consent Create an Aesthetic Environment3: Preoperative Patient Counseling for Cosmetic Blepharoplasty; Suggested Reading; Part II: Anesthesia; 4: Cosmetic Oculofacial Pearls to Live By; Carefully Speak and Listen to Your Patients; Be Honest with Yourself and Your Patients Without Being Mortally Wounded; Be Wary of Vendors Bearing 200,000 Machines; Meetings: Do Not Pick Up Something Bad and Bring It Home;

Avoid Operating on the Anticoagulated; Encourage Your Patients to Quit Smoking Even 2 Weeks Before Surgery; Avoid Operating on the Mother of the Bride Within 2 Months of the Wedding Measure Three Times and Cut Once Yes, You Caused That Dry Eye; Embrace Quality Assurance; 5: Guide to Local Anesthetic Medications; Topical Ocular Anesthetics; Lidocaine; Bupivacaine; Epinephrine; EMLA; Other Topical Anesthetics; Bicarbonate; Benzyl Alcohol; References; 6: Motor Nerve Blocks in Oculofacial Surgery; Facial Nerve Blocks; Retrobulbar and Peribulbar Blocks; References; 7: Regional Nerve Blocks in Oculofacial Surgery; Sensory Nerve Blocks; Lacrimal Nerve Block; Frontal Nerve Block; Nasociliary Nerve Block; Infraorbital Nerve Block; Zygomaticofacial Nerve Block

8: Procedural Sedation in Oculofacial Surgery Staff; Monitoring; Minimal Sedation; Moderate Sedation; Antagonists/Reversal Agents; References; 9: Preoperative Preparation and Anesthesia in Blepharoplasty; Preoperative Regimen; Intraoperative Regimen; Suggested Reading; 10: "Digital Diffusion" Technique for the Administration of Local Anesthetic in Eyelid Surgery; 11: Anesthesia for In-Office Oculoplastic Surgery: How We Do It; Selection of Local Anesthesia; Selection of Oral Sedative Agent; Procedure; References

12: Pain Reduction Using Vibration in Aesthetic Injections and in Eye and Facial Plastic Surgery Introduction; Technique; Discussion; References; 13: Tips for Safer, More Effective, and More Comfortable Periocular Anesthetic Injections and Sedation; References; Part III: Upper Lid Blepharoplasty: 1. Preoperative Evaluation; 14: Upper Eyelid Blepharoplasty: The Evaluation; 15: Preoperative Examination Checklist for Upper Blepharoplasty; 16: Preoperative Evaluation and Documentation in Upper Blepharoplasty; 17: Ten Tips to Avoid the Perils, Pitfalls, and Complications of Cosmetic Blepharoplasty History

Sommario/riassunto

Pearls and Pitfalls in Cosmetic Oculoplastic Surgery, Second Edition addresses the need among surgeons for cleanly distilled and clinically relevant information. The second edition of this popular text highlights the changes and updates to the ever expanding field of facial cosmetic surgery. There are updates regarding the advances, for example in blepharoplasty techniques, fillers and filler techniques, periorbital fat grafting, brow lifting techniques, and midface rejuvenation. Additionally, nearly every chapter has full color illustrations to bring each one to life. This concise and practical "how to" book is written and edited by experts in their fields and offers "here's how I do it" advice on the most commonly performed procedures. Each chapter becomes the voice of an expert and experienced colleague, reminding readers of the pearls and pitfalls of each procedure. These pearls will lead to more efficient techniques, fewer complications, and enhance outcomes for physicians and their patients.