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Autore	Rifkin Erik
Titolo	Interpreting Health Benefits and Risks : A Practical Guide to Facilitate Doctor-Patient Communication / / by Erik Rifkin, Andrew Lazris
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Note generali	Description based upon print version of record.
Nota di bibliografia	Includes bibliographical references at the end of each chapters and index.
Nota di contenuto	Part I: Setting the Stage -- Shared Decision Making (SDM) -- Decision Aids -- Towards a Universal Decision Aid -- Involving the Patient in Decision Making -- BRCTs -- Part II: Case Studies -- Health Benefits and Risks -- Breast Cancer Screening: Mammograms -- Colon Cancer Screening with Colonoscopy -- Prostate Cancer Screening -- Screening for Lung Cancer with Spiral CT -- Health Effects of Smoking -- Exercise Stress Tests -- The Use of Warfarin in Atrial Fibrillation -- Aspirin for Prevention of Heart Disease and Stroke -- Screening for Carotid Disease in Asymptomatic Patients -- Cholesterol Screening -- Statins, Cholesterol and Coronary Heart Disease -- Annual Exam -- Screening for and Treating Dementia -- Osteoporosis: Bone Density Testing and Drug Treatment -- Osteoporosis: Calcium and Vitamin D -- Estrogen Replacement Therapy -- Vitamins and Supplements -- MRI and Back Pain -- Antibiotics in Sinusitis and Bronchitis -- Final Thoughts.
Sommario/riassunto	This timely guide to communication in patient-centered medicine

argues for greater clarity in explaining health risks versus benefits of an array of screening tests, procedures, and drug regimens. It reviews the growing trend toward patients' involvement in their own care, particularly in terms of chronic conditions, and details approaches physicians can use to prepare patients (and themselves) for collaborative decision-making based on informed choices and meaningful knowledge. Chapters apply this lens to a wide range of common interventions as contentious as estrogen replacement therapy and antibiotics, and as widely prescribed as the daily aspirin and the annual physical. With this goal in mind, the authors also introduce an innovative decision-making tool that translates risks and benefits into a clear graphic format for fewer chances of miscommunication or misunderstanding. Among the topics covered: · Involving the patient in decision making. · BRCT: the Benefit/Risk Characterization Theater. · Breast Cancer Screening—Mammograms. · Prostate Cancer Screening. · Statins, cholesterol, and coronary heart disease. Physicians in family and internal medicine will find *Interpreting Health Benefits and Risks: A Practical Guide to Facilitate Doctor- Patient Communication* a valuable resource for communicating with patients and new possibilities for working toward their better health and health education. This book considers several common and important situations where faulty decision-making makes overtreatment a serious risk. Clear, fair, referenced, and useful information is provided. And a powerful intuitive technique is introduced which allows patient and doctor to talk as equals as they work together in the exam room. As this book is accepted and its ideas and technique are extended, I feel sure that net harm to patients will be curtailed. And what is more, the integrity of the decision-making process will be improved. —Thomas Finucane, MD, Professor of Medicine, The Johns Hopkins University School of Medicine.
