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Titolo	Shoulder Arthroscopy : How to Succeed! / / by Olivier Courage
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ISBN	3-319-23648-2
Edizione	[1st ed. 2015.]
Descrizione fisica	1 online resource (119 p.)
Disciplina	610
Soggetti	Orthopedics Rheumatology Sports medicine Physiotherapy Surgical Orthopedics Sports Medicine
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Note generali	Description based upon print version of record.
Nota di contenuto	Prefaces -- Introduction -- Chapter 1 Being in the right conditions -- 1.1 Avoiding steam -- 1.2 Properly entering the shoulder -- 1.3 Avoiding blood -- Chapter 2 Being properly installed -- 2.1 Installing the patient -- 2.2 The surgeon's ergonomics -- Chapter 3 Basic essentials -- 3.1 Stable image -- 3.2 Straight image -- 3.3 Finding your instruments -- Chapter 4 Exploring the shoulder -- 4.1 The glenohumeral -- 4.2 The subacromial space -- Chapter 5 Tips for the key surgeries -- 5.1 Before the surgical arthroscopy -- 5.2 The rotator cuff -- 5.3 The subscapularis -- 5.4 The biceps -- 5.5 Instability and the arthroscopic Bankart -- Chapter 6 Less frequent surgeries -- 6.1 The acromioclavicular -- 6.2 The subscapularis nerve -- Chapter 7 How to evolve your techniques -- 7.1 Analyze your mistakes, travel and create -- Conclusion.
Sommario/riassunto	This book has been designed to lead you through the first steps of the shoulder arthroscopy. Offering a companion guide, its numerous illustrations and videos support the text and aid in comprehension. The most common mistake in shoulder arthroscopy is to focus on the screen, whereas an external perspective is needed,

though not always easy to achieve in practice. We recommend following the chronological order for the first techniques, which are then detailed one by one and can be read separately depending on the problem encountered. These techniques, all of which were developed by the author in the course of 20 years of arthroscopic surgeries, are characterized by their simplicity. After having mastered these techniques, the reader will have the basis needed to evolve on his or her own.

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