

1. Record Nr.	UNINA9910957001003321
Autore	Depraz Nathalie
Titolo	On becoming aware : a pragmatics of experiencing // [edited by] Natalie Depraz, Francisco J. Varela, Pierre Vermersch
Pubbl/distr/stampa	Amsterdam ; ; Philadelphia, : John Benjamins, 2002
ISBN	9786612255458 9781423766476 1423766474 9789027251633 9027251630 9789027296832 9027296839 9781282255456 1282255452
Edizione	[1st ed.]
Descrizione fisica	291 p
Collana	Advances in consciousness research ; ; v. 43
Altri autori (Persone)	DeprazNatalie VarelaFrancisco J. <1946-> VermerschPierre
Disciplina	128/.4
Soggetti	Experience Awareness
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Note generali	Bibliographic Level Mode of Issuance: Monograph
Nota di bibliografia	Includes bibliographical references and index.
Nota di contenuto	On Becoming Aware -- Editorial page -- Title page -- LCC page -- Table of contents -- Introduction: A guide for the perplexed -- Part I. The structural dynamics of becoming aware -- Chapter 1. The basic cycle -- Chapter 2. The structure of a session -- Chapter 3. Surrounding events: The specific temporal logic of training, motivation and postsession work -- Part II.The motivations for the study of experiencing -- Chapter 4. The point of view of the researcher -- Chapter 5. Concerning practice -- Chapter 6. The philosophical challenge -- Chapter 7. Wisdom traditions and the ways of reduction -- Open conclusion -- Postface -- References -- Glossary of terms -- Sources -- Index -- The series ADVANCES IN CONSCIOUSNESS

## RESEARCH.

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### Sommario/riassunto

This book searches for the sources and means for a disciplined practical approach to exploring human experience. The spirit of this book is pragmatic and relies on a Husserlian phenomenology primarily understood as a method of exploring our experience. The authors do not aim at a neo-Kantian a priori 'new theory' of experience but instead they describe a concrete activity: how we examine what we live through, how we become aware of our own mental life. The range of experiences of which we can become aware is vast: all the normal dimensions of human life (perception, motion, memory, imagination, speech, everyday social interactions), cognitive events that can be precisely defined as tasks in laboratory experiments (e.g., a protocol for visual attention), but also manifestations of mental life more fraught with meaning (dreaming, intense emotions, social tensions, altered states of consciousness). The central assertion in this work is that this immanent ability is habitually ignored or at best practiced unsystematically, that is to say, blindly. Exploring human experience amounts to developing and cultivating this basic ability through specific training. Only a hands-on, non-dogmatic approach can lead to progress, and that is what animates this book. (Series B).

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2. Record Nr.	UNINA9910300096503321
Autore	Derzelle Martine
Titolo	Towards a Psychosomatic Conception of Hypochondria : The Impeded Thought // by Martine Derzelle
Pubbl/distr/stampa	Cham : , : Springer International Publishing : , : Imprint : Springer, , 2014
ISBN	3-319-03053-1
Edizione	[1st ed. 2014.]
Descrizione fisica	1 online resource (126 p.)
Disciplina	150.195 150195 610 616
Soggetti	Psychiatry Psychotherapy Psychoanalysis Internal medicine Gastroenterology Pain medicine Internal Medicine Pain Medicine
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Note generali	Description based upon print version of record.
Nota di bibliografia	Includes bibliographical references.
Nota di contenuto	Questions -- Problems -- Problem Definition -- Negative Reports or "a Certain Discourse Used in a Certain Way" -- From Biological Body to Metaphorical Body -- A New Starting Point -- Hypochondria, Projective Parenthesis -- A Different Relation to Oneself and to the Other Person -- Towards a Psychosomatic Conception of Hypochondria.
Sommario/riassunto	A rigorous and groundbreaking study. Martine Derzelle is the first researcher to approach hypochondria as a relational pathology. Martine Derzelle is the first researcher to approach hypochondria as a relational pathology. The author tackles a subject that has puzzled care professionals for decades: hypochondria. Martine Derzelle confronts all specialists (psychotherapists, psychiatrists, doctors,

psychosomaticians) with the paradox of this pathology and the theoretical void on which the approach to those patients who express a suffering of various kinds has stood for more than a century. In the first part, the author highlights the lack of theoretical elaboration on hypochondria in the existent literature; in the second part, on the basis of clinical examples, she analyzes the nature of the disease, and then offers a completely innovative theoretical elaboration. Finally, in the third part, she proposes a new and specific approach to treating this pathology at both the theoretical and clinical levels within the framework of psychoanalysis and implementing key concepts from relational psychosomatics.

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