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Nota di contenuto	Part I: General Consideration -- 1. History of Acupuncture -- 2. Basic Theories of Traditional Chinese Medicine -- 3. Pattern Discrimination in Traditional Chinese Medicine (TCM) -- 4. Mechanisms of Acupuncture Analgesia -- 5. Common Acupuncture Practices -- 6. Peri-Operative Acupuncture -- 7. Acupuncture Pain Research: Quantitative and Qualitative -- 8. Auricular Acupuncture -- Part II: Acupuncture Channels -- 9. Acupuncture Qi Flow and Points Measurement -- 10. Hand Tai Yin Lung Meridian -- 11. Hand Yang Ming Large Intestine Meridian -- 12. Foot Yang Ming Stomach Meridian -- 13. Foot Tai Yin Spleen Meridian -- 14. The Hand Sho Yin Heart Meridian -- 15. The Hand Tai Yang Small Intestine Meridian -- 16. Foot Tai Yang Bladder Meridian -- 17. Foot Shao Yin Kidney Meridian -- 18. The Hand Jue Yin Pericardium Meridian -- 19. The Hand Sho Yang Triple Energizer Meridian -- 20. The Foot Shao Yang Gall Bladder Meridian -- 21. The Foot Jun Yin Liver Meridian -- 22. Conception Vessel -- 23. Governor Vessel -- 24. The Extra Acupuncture Points -- Part III: Clinical Conditions -- 25. Headache -- 26. Facial nerve palsy -- 27. Vertigo -- 28. Toothache -- 29. Neck Pain -- 30. Chest Pain -- 31. Epigastric Pain -- 32. Abdominal Pain -- 33. Dysmenorrhea -- 34. Upper Back Pain -- 35. Frozen Shoulder -- 36. Low Back Pain -- 37. Arthritis, Joint Pain -- 38. Coccygeal Pain -- 39. Elbow Pain -- 40. Wrist Pain -- 41. Ankle Pain -- 42. Heel Pain -- 43. Insomnia -- 44. Nausea and Vomiting -- 45. Sedation -- 46. Dizziness.

Sommario/riassunto

Acupuncture for Pain Management is intended as the premier resource for learning the fundamentals of the art of medical acupuncture. Edited by top pain medicine specialists at Harvard and UCLA, and based on their popular annual workshop at the American Society for Anesthesiologists, the book is the perfect synthesis of Western and Chinese medicine. Anesthesiologists, pain medicine specialists, primary care physicians, osteopaths, neurologists, psychiatrists, physical medicine and rehabilitation specialists, and other health professionals looking to add acupuncture to their repertoire will benefit from the concise and practical approach of the book. Features: Each individual meridian discussed in detail Acupuncture for 25 clinical conditions, including headache, menstrual pain, low back pain, insomnia, and more Aimed at acupuncturists as well as practitioners who want to add acupuncture to their clinical armamentarium.
