Record Nr. UNINA9910300078003321
Autore Dijk C. N. van

Titolo Ankle arthroscopy: techniques developed by the Amsterdam Foot and

Ankle School / / C. Niek van Dijk

Pubbl/distr/stampa Berlin, Heidelberg:,: Springer Berlin Heidelberg:,: Imprint: Springer,

, 2014

ISBN 9783642359897

3642359892

Edizione [1st ed. 2014.]

Descrizione fisica 1 online resource (xxii, 408 pages) : illustrations (some color)

Disciplina 610

615.81 616.7 617

Soggetti Ankle - Wounds and injuries - Diagnosis

Ankle - Wounds and injuries - Endoscopic surgery

Arthroscopy Orthopedics Sports medicine Traumatology

Minimally invasive surgery

Surgery

Physiotherapy Sports Medicine Traumatic Surgery

Minimally Invasive Surgery

Lingua di pubblicazione Inglese

Formato Materiale a stampa

Livello bibliografico Monografia

Note generali Description based upon print version of record.

Nota di bibliografia Includes bibliographical references and index.

Nota di contenuto GENERAL ASPECTS: Preoperative evaluation and imaging --

Arthroscopic anatomy -- Instrumentation -- Complications in ankle arthroscopy. ANTERIOR ANKLE ARTHROSCOPY: Anterior ankle arthroscopy: general principles -- Anterior ankle impingement -- Osteochondral lesions -- Ankle Instability -- The role of arthroscopy for chronic pain problems after supination trauma -- Arthroscopic

ankle arthrodesis. POSTERIOR ANKLE ARTHROSCOPY: Endoscopic treatment of hindfoot disorders: general principles -- Posterior Ankle Impingement -- Posterior talar osteochondral defect -- Flexor hallucis longus release -- Deltoid ligament pathology -- Retrograde drilling for large cystic lesions -- Other indications posterior compartment ankle joint. OTHER ENDOSCOPIC PROCEDURES: Subtalar arthroscopy -- Subtalar arthrodesis -- Endoscopic calcaneoplasty -- Achilles tendoscopy -- Peroneal tendoscopy -- Recurrent peroneal tendon dislocation -- Posterior tibial tendoscopy -- Arthroscopy of the first metatarsophalangeal joint.

## Sommario/riassunto

Ankle injuries are often sport related and pose a diagnostic and therapeutic challenge. Over the past 25 years, Niek van Dijk, founder of the Amsterdam Foot and Ankle School and author of this book, has developed a new philosophy of ankle arthroscopy. It entails a comprehensive approach which includes various diagnostic strategies and the application of a number of minimally invasive endoscopic techniques. The procedures are based on research programs and longterm outcome studies performed at the Orthopaedic Research Center Amsterdam. Use of these techniques has spread throughout the world; they are now recognized as the state of the art and have been used to treat many leading professional athletes. This diagnostic and operating manual presents the Amsterdam Foot and Ankle School approach for a wide variety of ankle and hindfoot problems. Clear stepby-step instructions are provided with the help of numerous highquality illustrations, most of which are in color. Access to a web-based educational site is also available to readers.