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ISBN	2-8178-0523-2
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Descrizione fisica	1 online resource (326 p.)
Collana	Sports and Traumatology, , 2105-0538
Disciplina	617.1027 617.5 617.5/8503 617.10276334
Soggetti	Orthopedics Sports medicine Clinical psychology Rehabilitation Mentally ill - Rehabilitation Orthopaedics Sports Medicine Rehabilitation Psychology
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Note generali	Description based upon print version of record.
Nota di bibliografia	Includes bibliographical references at the end of each chapters.
Nota di contenuto	Anatomy of the Ankle -- Interview 1: Raul Gonzalez Bravo – Real Madrid ( Player) -- Epidemiology & Mechanisms of Ankle Pathology in Football -- Interview 2: Dr Ricardo Pruna – First Team Dr. FC Barcelona -- Prevention of Ankle Injuries -- Interview 3: Frank De Bleeckere – Referee -- Ankle Ligament Lesions -- Interview 4: Jan Wouters – Active Coach -- Osteochondral Defects in the Ankle Joint -- Interview 5: Boran Milutinovic – Veteran Coach -- Anterior Ankle Impingement -- Interview 6: Eva Blewanus – Female Sports Physiotherapist -- Posterior Ankle Impingement -- Interview 7: Ron Spelbos – Football Scout -- Ankle Fractures, Including Avulsion Fractures -- Interview 8: Leonne Stentler – Female Player -- Fifth Metatarsal Stress Fractures in Football -- Acute Achilles Tendon Rupture -- Achilles Tendinopathy -- Peroneal

and Posterior Tibial Tendon Pathology -- The Footballer's Inlay Sole: An Individualized Approach -- Rehabilitation After Ankle Football Injuries -- Taping Techniques and Braces in Football -- Ankle Osteoarthritis in Former Elite Football Players: What Do We Know?.

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#### Sommario/riassunto

This book creates a unique platform that covers main ankle pathologies specifically related with football. Experiences from professional players have been combined with evidence-based medical content from renowned experts in the field to present a comprehensive picture on ankle injuries in football. Worldwide, ankle injuries present a high burden for sports medicine physicians, physiotherapists, players, and coaches in and around the football pitch. This book contains updated content for both medical and nonmedical individuals involved with football.

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