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Titolo	Hamstring and Quadriceps Injuries in Athletes : A Clinical Guide // edited by Christopher C. Kaeding, James R. Borchers
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ISBN	1-4899-7510-1
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Disciplina	610 616.7 617.03 617.1027
Soggetti	Sports medicine Orthopedics Rehabilitation Sports Medicine
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Nota di bibliografia	Includes bibliographical references and index.
Nota di contenuto	Functional Anatomy of the Hamstrings and Quadriceps -- Quadriceps and Hamstrings Strength in Athletes -- Epidemiology of Hamstring and Quadriceps Injury -- Midsubstance Hamstring Injuries in the Athlete -- Acute Proximal Hamstring Tendon Avulsions -- Biologic Enhancement of Healing in Hamstring Injuries -- Hamstring Harvest: Rehabilitation and Clinical Outcomes -- Proximal Quadriceps Injuries in Athletes -- Contusions, Myositis Ossificans and Compartment Syndrome of the Thigh -- Quadriceps Tendon Ruptures -- Rehabilitation of Quadriceps Injuries -- Hamstring Injury Rehabilitation and Injury Prevention.
Sommario/riassunto	Injuries to the hamstring and quadriceps muscles can occur in both low- and high-impact sports and as such are among the more common injuries incurred by athletes. Reviewing the relevant physiology, epidemiology, mechanisms, clinical presentation and treatment of these conditions, Hamstring and Quadriceps Injuries in Athletes covers all sports-related injuries of the thigh musculature in one place. Topics covered include mid substance injuries, acute proximal tendon avulsions and harvesting of hamstrings, as well as strains, contusions

and ruptures of the quadriceps, including the use of biologic enhancing agents in healing. Chapters on rehabilitation and injury prevention present techniques to maximize recovery and minimize long-term impairment, speeding up return to play. It will be an often-used and reliable guide for sports medicine practitioners, orthopedists, physical therapists, primary care physicians, team physicians and trainers who treat the injured athlete.
