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Nota di contenuto	Preface -- Part I - The City for Better Living -- 1.1 / For the "human" development of cities in an era of climate change -- 1.2 / Goals, opportunities and limits to the European Healthy Cities network -- 1.3/ Criteria of healthfulness in Urban Environment: from a theoretical debate to some early experiments -- 1.4 / Appendix n.1 - Expert knowledge -- 1.4.1 Creating healthy and child friendly places in Belfast: Jonna Monaghan and Laura McDonald, Belfast Healthy Cities -- 1.4.2 Bologna_Healthy City: Social Sustainability, Urban Projects, and Innovations in Agreements: Luca Rizzo Nervo -- Part II-Healthy Urban Planning in Europe: 2.1 / The need for new urban planning for healthy cities: reorienting urban planning towards healthy public policy -- 2.2 / Health promotion and urban sustainability: a perspective on the duality -- 2.3 / The crucial point in assessing plans and projects for the health cities -- 2.4 / Comparing European cities on the road to integrating

Health and Urban Planning -- 2.5 / Appendix n.2 – City Experiences -- 2.5.1 Bristol's parks and green space strategy:Piera Pellegrino -- 2.5.2 Rennes- Restructuration de la halte ferroviaire de Pontchaillou: Michela Tolli -- 2.5.3 Healthy Poznan (HP) – Health Development Plan for the City of Poznan: Flavio Stimilli -- 2.5.4 The Hirvensalo District Master Plan: health impacts of three structural models in Hirvensalo – Turku: Chiara Camaioni -- Part III- Planning and Designing Healthy Cities and Communities: 3.1 / Improving health through community urban planning and design -- 3. 2 / Best Practices around the world: some suggestions for European cities.-3.3 / Urban Planning and Design centered on health metrics.

Sommario/riassunto

This book investigates different aspects of the relationship between "healthy cities" and "urban planning", examining various best practices in Europe. It uses the above as a starting point and investigates different aspects of healthy cities, examining various best practices in Europe. Capitalizing on ongoing trials, the chapters identify the policies that underlie plans and projects that have caused positive changes in local communities in terms of the quality of life and safety of inhabitants. From these best practices, the book deduces criteria and guidelines for planning healthy and safe cities.
