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Nota di contenuto	Chapter 1: Risk Factors for Cancer: Genetic and Environment -- Chapter 2: Anti-cancer Potential of Dietary Polyphenols -- Chapter 3: Natural Products and their Benefits in Cancer Prevention -- Chapter 4: Cinnamon as a Cancer Therapeutic Agent -- Chapter 5: Broccoli as a Preventive Biomaterial for Cancer -- Chapter 6: Garlic Preventive Effect on Cancer Development -- Chapter 7: Health Properties of Beehives Products against Oxidative Stress-mediated Carcinogenesis -- Chapter 8: Chemopreventive Effect of Date Pit Extract -- Chapter 9: Nutrition and Colorectal Cancer Pathogenesis -- Chapter 10: Modifiable and Non- Modifiable Risk Factors for Colon and Rectal Cancer -- Chapter 11: Healthy Dietary Pattern for the Primary Prevention of Colorectal Cancer -- Chapter 12: Lifestyle Modification in Long Term Management of Chronic Diseases -- Chapter 13: Early Detection and Screening of Cancer -- Chapter 14: Prevention of Common Cancers of the Female Genital Tract -- Chapter 15: Medical Aspects of Gastrointestinal Cancer Etiology, Therapy and Survivorship -- Chapter 16: Cholangiocarcinoma: Etiology, Pathogenesis, Diagnosis, and Management.
Sommario/riassunto	The high rate of urbanization and a steady increase in per capita income has improved the socio-economic status of people all over the world. This has resulted in drastic changes in their lifestyle and food consumption patterns, where traditional foods are being replaced with more ready-made junk foods with few servings of fresh vegetables and

fruits. It has been postulated that industrialization has caused change in food choice, dietary pattern modification and resulted in a sedentary lifestyle. In addition, contaminated foods with unsafe microbes and chemical hazards are increasing. All of these events have resulted in an increased risk of cancer, the leading cause of mortality and morbidity worldwide. This book will provide a basic understanding of cancer, its risk factors, preventive measures, and possible treatments currently available, as well as identifying the different dietary factors that might synergize with a sedentary lifestyle in the etiology of cancer, and its prevention measure.
