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Nota di bibliografia	Includes bibliographical references at the end of each chapters and indexes.
Nota di contenuto	1. Employability approaches to contemporary careers -- 2. Protean career attitude as a positive approach to unemployment -- 3. Personality and psycho-social employability attributes as meta-capacities for sustained employability -- 4. A psychological career resources framework for contemporary career development -- 5. Adaptability in Action: Using Personality, Aptitude and Interest Data to Help Clients Increase their Social, Emotional and Cognitive Career Meta-capacities -- 6. Entrepreneurship as 21st century skill: Research findings and theories on entrepreneurial development -- 7. Psycho-social career meta-capacities in organisational career development -- 8. Person-Environment Fit and Vocational Outcomes -- 9. Career anchors as a meta-capacity in career development -- 10. Career meta-competencies in the retention of employees -- 11. Career wellbeing

and psycho-social career meta-capacities -- 12. Well-being and Flourishing in Career Development Context -- 13. Psychological ownership -- 14. Sense of coherence and career development -- 15. The role of positive psychology and wellbeing in career development -- 16. Psycho-social career meta capacities in academic career development -- 17. Using career construction to facilitate the career adaptability of prospective students in the natural sciences: A South African case study -- 18. Flourishing interventions: a practical guide to student academic career development -- 19. "Enacted Negotiation" – Narratives of Career Development amongst Previously Disadvantaged Groups in South Africa -- 20. Designing learning experiences to prepare lifelong learners for the complexities of the workplace.

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### Sommario/riassunto

This book introduces a coherent perspective on the self-regulatory career meta-capacities that individuals, as career agents, need to successfully manage their career development in a boundaryless occupational world. Enriched by empirical data and case studies by subject specialists in the fields, it serves as a cutting-edge benchmark for specialists, professionals and post-graduate students in the careers field to study. This book allows an in-depth view of the most recent research trends on the critical psycho-social constructs influencing the adaptation, adaptivity, adaptability and employability of individuals in a turbulent, uncertain, and chaotic work world. In addition, it offers the practising professional new perspectives of career constructs and measures to consider in career counseling and guidance for the contemporary career.

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