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Nota di contenuto	Chapter 1. Introduction; Peter Hoonakker and Christian Korunka -- Chapter 2. Information and Communication Technology and Quality of Working Life. Backgrounds, Facts and Figures; Peter Hoonakker -- Chapter 3. Changing Working Conditions at the Onset of the 21st Century: From International Datasets; Bettina Kubicek, Christian Korunka, Matea Paškvan, Roman Prem and Cornelia Gerdenitsch -- Chapter 4. From Work-Life to Work-Age Balance? Acceleration, Alienation and Appropriation at the Workplace; Hartmut Rosa -- Chapter 5. Time and Work Pressure in Today's Working World; Jörn Hurlienne, Ulrike Stilijanow and Gisa Junghanns -- Chapter 6. Technostress: The Dark Side of Technologies; Marisa Salanova, Susana Llorens and Mercedes Venture -- Chapter 7. The Balance Concept Revisited: Finding Balance to Reduce Stress in a Frantic World of IT;

Pascale Carayon and Michael J. Smith -- Chapter 8. New Ways of Working: Impact on Working Conditions, Work-Family Balance, and Well-Being; Evangelia Demerouti, Daantje Derks, Lieke L. ten Brummelhuis and Arnold B. Bakker -- Chapter 9. Trust in Complex Work Systems: A Focus on Information and Communication Technologies; Enid Montague and Erin Chiou -- Chapter 10. Asgeing, Changes, and Quality of Working Life; Nathalie Greenan, Mathieu Narcy and Serge Volkoff -- Chapter 11. Boon and Bane of ICT Acceleration for Vulnerable Populations; Harald Weber and Klaus J. Zink -- Chapter 12. Beyond the Optimal Flow: Pause, Detachment, Serendipity, and Action; Sebastiano Bagnara, Simone Pozzi and Patrizia Marti -- Chapter 13. The Future of ICT and Quality of Working Life: Challenges, Benefits, and Risks; Christian Korunka and Peter Hoonakker.

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### Sommario/riassunto

This book discusses the impact and effects of Information and Communication Technologies (ICT) on quality of working life of employees. It describes the changes and the acceleration of processes caused by the widespread use of ICT in a broad range of working areas, and in different national contexts. It explores the important role ICT has come to play in nearly all work places in developed societies, and the impact it is starting to have on work places in developing countries. The book brings together experts from the fields of ICT and quality of working life, and from a variety of backgrounds and disciplines, including sociology, psychology, industrial engineering, and macro ergonomics. It discusses the range of current positive and negative effects as well as the possible increase of both kinds of effects in the future. The final chapter of the book integrates the diverse perspectives of the authors and gives recommendations on how to increase the possible positive outcomes and to diminish negative effects of ICT in an accelerated society.

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