Record Nr. UNINA9910298073503321 Autore Koenig Harold G (Harold George), <1951-> **Titolo** Health and Well-Being in Islamic Societies: Background, Research, and Applications / / by Harold G. Koenig, Saad Al Shohaib Pubbl/distr/stampa Cham:,: Springer International Publishing:,: Imprint: Springer,, 2014 **ISBN** 3-319-05873-8 Edizione [1st ed. 2014.] 1 online resource (365 p.) Descrizione fisica 150 Disciplina 306 306.697 361.3 Soggetti Health psychology Social work **Psychiatry** Muslims - Health and hygiene Muslims - Psychology Muslims Culture - Study and teaching PSYCHOLOGY / Applied Psychology MEDICAL / Public Health Health Psychology Social Work Regional and Cultural Studies Lingua di pubblicazione Inglese **Formato** Materiale a stampa Livello bibliografico Monografia Note generali Description based upon print version of record. Nota di bibliografia Includes bibliographical references at the end of each chapters and index. Nota di contenuto Introduction -- Section 1: Background -- Historical background --Muslim beliefs, practices and values -- Beliefs about health, healing and healthcare -- Christian beliefs, practices and values -- Differences

and similarities -- Section 2: Research -- Religion and health in

Christian populations -- Religion and negative emotions in Muslims -- Religion and positive emotions in Muslims -- Religion and social health

in Muslims -- Religion and behavioral health in Muslims -- Religion and physical health in Muslims -- Understanding how Islam influences health -- Future research needs on Islam and health -- Section 3: Applications -- Applications in clinical practice -- Implications for public health -- Summary and conclusions.

Sommario/riassunto

From the first hospitals to pioneering pharmacy techniques, the early history of medicine reflects the groundbreaking contributions of Islamic physicians and scientists. Less recognized, however, is the impact of Islam on the health and daily health practices of modern day Muslims. Meticulously documented with current research sources and relevant religious texts, Health and Well-Being in Islamic Societies sheds light on the relationships between Muslim beliefs and physical, psychological, and social health. Background chapters trace Muslim thought on health and healing as it has evolved over the centuries to the present. The authors provide even-handed comparisons with Christianity as the two traditions approach medical and ethical questions, and with Christian populations in terms of health outcomes, assuring coverage that is not only objective but also empirically sound and clinically useful. And as the concluding chapters show, understanding of these similarities and differences can lead to better care for clients, cost-effective services for communities, and healthier Muslim populations in general. Included among the book's topics: Muslim beliefs about health, healing, and healthcare Similarities and differences between Muslim and Christian health beliefs Impact of religion on physical, mental, and community health in Muslims Understanding how Islam influences health Applications for clinical practice Implications for public health Cultural awareness is critical to improving both individual client health and public health on a global scale. Health and Well-Being in Islamic Societies is essential reading for clinical and health psychologists, psychiatrists, social workers, and nurses, and will be informative for the general reader as well. .