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Nota di contenuto	Chapter 1. Three Decades of Emotional Intelligence Research: Perennial Issues, Emerging Trends, and Lessons Learned in Education – Introduction to Emotional Intelligence in Education -- PART I. Theory and Measurement -- Chapter 2. Emotional Intelligence as an Ability: Theory, Challenges, and New Directions -- Chapter 3. Emotional Intelligence as Personality: Measurement and Role of Trait Emotional Intelligence in Educational Contexts -- Chapter 4. Grace under Pressure in Educational Contexts: Emotional Intelligence, Stress, and Coping -- Chapter 5. The Role of Culture in Understanding and Evaluating Emotional Intelligence -- PART II. Applications in PreK-12 Contexts -- Chapter 6. Implications of Preschoolers' Emotional Competence in the Classroom -- Chapter 7. Building Emotionally Intelligent Schools: From Preschool to High School and Beyond -- Chapter 8. School-based Social and Emotional Learning Interventions: Common Principles and

European Applications -- Chapter 9. Emotional Intelligence and School-based Bullying Prevention and Intervention -- Chapter 10. Emotional Intelligence in Atypical Populations: Research and School-Based Interventions -- Chapter 11. Emotional Intelligence in Sports and Physical Activity: An Intervention Focus -- Chapter 12. Scaling Up High-Quality Social-Emotional and Character Development in All Schools: A Set of Policy Recommendation to the U.S. Secretary of Education -- PART III. Applications in Post-Secondary Contexts -- Chapter 13. Emotional Intelligence and Youth Career Readiness -- Chapter 14. Emotional Intelligence and the Next Generation of Teachers -- Chapter 15. Leading Change: Developing Emotional, Social, and Cognitive Competencies in Managers During an MBA Program -- Chapter 16. Emotional Intelligence and Post-Secondary Education: What Have We Learned and What Have We Missed? .

Sommario/riassunto

This book highlights current knowledge, best practices, new opportunities, and difficult challenges associated with promoting emotional intelligence (EI) and social-emotional learning (SEL) in educational settings. The volume provides analyses of contemporary EI theories and measurement tools, common principles and barriers in effective EI and SEL programming, typical and atypical developmental considerations, and higher-level institutional and policy implications. It also addresses common critiques of the relevance of EI and discusses the need for greater awareness of sociocultural contexts in assessing and nurturing EI skills. Chapters provide examples of effective EI and SEL programs in pre-school, secondary school, and university contexts, and explore innovative applications of EI such as bullying prevention and athletic training. In addition, chapters explore the implications of EI in postsecondary, professional, and occupational settings, with topics ranging from college success and youth career readiness to EI training for future educators and organizational leaders. Topics featured in this book include: Ability and trait EI and their role in coping with stress, academic attainment, sports performance, and career readiness. Implications of preschoolers' emotional competence for future success in the classroom. Understanding EI in individuals with exceptionalities. Applications of school-based EI and SEL programs in North America and Europe. Policy recommendations for social-emotional development in schools, colleges and universities. Developing emotional, social, and cognitive competencies in managers during an MBA program. Emotional intelligence training for teachers. Cross-cultural perspective on EI and emotions. Emotional Intelligence in Education is a must-have resource for researchers, professionals, and policymakers as well as graduate students across such disciplines as child and school psychology, social work, and education policy. The chapter "Emotional Intelligence as an Ability: Theory, Challenges, and New Directions" is available open access under a Creative Commons Attribution 4.0 International License via link.springer.com.
