

1. Record Nr.	UNINA9910298066103321
Titolo	Psychologies of Ageing : Theory, Research and Practice // edited by Elizabeth Peel, Carol Holland, Michael Murray
Pubbl/distr/stampa	Cham : , : Springer International Publishing : , : Imprint : Palgrave Macmillan, , 2018
ISBN	3-319-97034-8
Edizione	[1st ed. 2018.]
Descrizione fisica	1 online resource (299 pages)
Disciplina	155.67
Soggetti	Personality Social psychology Aging Health psychology Biological psychology Critical psychology Cognitive psychology Personality and Social Psychology Health Psychology Biological Psychology Critical Psychology Cognitive Psychology
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Nota di contenuto	Foreword; Christine Bryden -- Chapter 1 – The psychologies of ageing; Michael Murray, Elizabeth Peel -- Part I – Social and Critical Psychology -- Chapter 2 - Ageing identities in the twenty first century: The social and practical effects of talk about being old; Christine Stephens and Mary Breheny -- Chapter 3 - Ageing sexualities through a critical lens: Bringing social psychology, sociology and intersectionality into dialogue; Sharron Hinchliff, Andrew King -- Chapter 4 - Empathy as a way of acknowledging patients' personhood in palliative care interactions; Joseph Ford -- Part II – Cognitive and Biological Psychology -- Chapter 5 - Stress, the immune system and healthy

ageing; Anna C. Whittaker -- Chapter 6 - Healthy lifestyle to reduce dementia; Jordan Elliott-King, Daniele Magistro and Eef Hogervorst -- Chapter 7 - Frailty and resilience: Are they necessarily mutually exclusive?; Carol Holland, Ian Garner and Holly Gwyther -- Part III - Community and Political Psychology -- Chapter 8 - Co-creating home and community: Building partnerships to support older adults to age-well-in-place; Judith Sixsmith, Mei Lan Fang and Sarah Canham -- Chapter 9 - Community connections and independence in later life; Charles Musselwhite -- Chapter 10 – Resisting negative social representations of ageing; Katie Wright-Bevans and Michael Murray.

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### Sommario/riassunto

This book brings together a diversity of perspectives on the psychology of ageing. Exploring theoretical, conceptual, empirical and practical viewpoints on the topic, the authors offer insight into a range of contemporary issues. Dedicated chapters discuss themes within social and critical psychology such as ageing identities, sexuality and empathy in palliative care. The second part of the book analyses cognitive and biological aspects of ageing, including stress and health in ageing, dementia and lifestyle, and resilience in frailty in old age. The authors conclude by offering perspectives on community and political psychology, examining home and community supports for older people. Written in an accessible style suitable for students as well as researchers in psychology and the social sciences interested in ageing, this book showcases key theoretical, empirical, and practical issues in later life.

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