Record Nr. UNINA9910298065803321 Autore Sekechi Mahnaz Titolo Iranians in London [[electronic resource]]: Voices of Exile //by Mahnaz Sekechi Pubbl/distr/stampa Cham:,: Springer International Publishing:,: Imprint: Palgrave Macmillan, , 2018 **ISBN** 3-319-79023-4 Edizione [1st ed. 2018.] Descrizione fisica 1 online resource (286 pages) Collana Studies in the Psychosocial, , 2662-2629 Disciplina 955 Soggetti Social psychology Community psychology Environmental psychology Cross-cultural psychology Self Identity (Psychology) Political sociology Social structure Equality **Psychosocial Studies** Community and Environmental Psychology Cross Cultural Psychology Self and Identity Political Sociology Social Structure, Social Inequality Lingua di pubblicazione Inglese **Formato** Materiale a stampa Livello bibliografico Monografia 1 Introduction -- 2 Historical Context: the Iranian Revolutions of the Nota di contenuto 19th and 20th Centuries and the Struggle for Freedom -- 3 Theoretical Framework: Migration, Diaspora, Social Suffering and Encapsulated Sadness -- 4 Gol: Flight to Freedom -- 5 Mahmoud: 'The Sorrow which has no Vent in Tears may make other Organs Weep' -- 6 Sahel:

'Learning is Very Important to Me – Maybe it's This Issue that Keeps me

Alive' -- 7 Comparing Experiences Across the Stories: Loss and

## Belonging -- 8 Conclusion.

## Sommario/riassunto

This book addresses the experiences of middle-class Iranians who left Iran after the revolution of 1979, and have since been living in London. The author explores both 'voluntary' movement (immigration) and 'enforced' movement (exile) to better understand the experiences of 'ordinary' middle-class Iranian migrants. This group was not subjected to prison, torture or other overt forms of abusive treatments; and was not identified as 'opposing' the regime at a directly personal level. They nonetheless chose to leave Iran given the socio politico-cultural context of the changes wrought by the Islamic Republic in Iranian society. The book's central argument is that losses of country, liberty and security in Iran combined with varying degrees of social exclusion and downward mobility in London, have led to an enduring, encapsulated sadness for many of these once middle-class Iranians. This book underlines the importance of understanding the psychosocial significance of loss and exclusion in these (and other) migrant lives. It also demonstrates the value of psychosocial analysis itself in understanding dislocations and their effects on wellbeing. .