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Nota di contenuto	Chapter 1: Theorising masculinities -- Chapter 2: Embodied masculinities: Men's body projects -- Chapter 3: Affective masculinities: Emotions and mental health -- Chapter 4: Supportive masculinities: Caring for others.
Sommario/riassunto	'Brendan Gough provides a succinct overview of the current state of the art in studies of masculinities. He employs his characteristically inter-disciplinary approach to explain how we came to be where we are now, and what are the key current and future foci for studies of masculinities. The book emphasises the need to understand masculinities as embodied and digital, physical and emotional,

individual and collective.' -Dr Richard de Visser, University of Sussex Falmer, UK This book assesses the construction of masculinities in relation to appearance, embodiment and emotions by drawing on perspectives in psychology, sociology, gender studies and public health. Brendan Gough questions conventional assumptions about masculinity and men's health and responds to recent trends in critical studies of masculinities which discuss 'positive' or 'healthy' masculine identities. The book showcases discursively inflected qualitative research using data sources where men's own accounts are prioritised: in-depth interviews and online discussion forums. Chapters discuss men's appearance concerns and activities and examine male mental health, focusing on vulnerability and its management. Current trends and key concepts, including intersectionality, inequalities and embodiment are also considered throughout. This book will appeal to students and academics within social sciences and humanities interested in gender issues in general and masculinity in particular.
