

1. Record Nr.	UNINA9910298062403321
Autore	Jun Heesoon
Titolo	Social Justice, Multicultural Counseling, and Practice : Beyond a Conventional Approach / / by Heesoon Jun
Pubbl/distr/stampa	Cham : , : Springer International Publishing : , : Imprint : Springer, , 2018
ISBN	3-319-72514-9
Edizione	[2nd ed. 2018.]
Descrizione fisica	1 online resource (450 pages)
Disciplina	158.3
Soggetti	Cognitive psychology Personality Social psychology Psychotherapy Counseling Cross-cultural psychology Self Identity (Psychology) Cognitive Psychology Personality and Social Psychology Psychotherapy and Counseling Cross Cultural Psychology Self and Identity
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Nota di contenuto	Chapter 1. Introduction: Still Partially Visible -- Part I: A Provider's Awareness of Her Own Worldview -- Chapter 2. Intrapersonal Communication (Inner Dialogue or Inner Speech) -- Chapter 3. Assessment of a Provider's Values, Beliefs, and Biases -- Part II: A Provider's Awareness of Systemic Oppression/Privilege and Internalized Oppression/Privilege -- Chapter 4. Racism -- Chapter 5. Sexism -- Chapter 6. Cissexism (Genderism or Binarism) -- Chapter 7. Heterosexism -- Chapter 8. Classism -- Chapter 9. Disablism/Ableism -- Chapter 10. Other "isms" due to Age, Language, Religion, and

Region -- Chapter 11. Theory to Practice: Deconstructing Inappropriate Hierarchical, Dichotomous, and Linear Thinking Styles/Patterns.- Part III: A Provider's Awareness of the Client's Worldview -- Chapter 12. Identity Construction and Multiple Identities -- Chapter 13. Culturally Appropriate Assessment -- Chapter 14. Culturally Appropriate Treatment/Healing.

Sommario/riassunto

This second edition book provides an update to multicultural psychology and counseling research findings, and the DSM-5 in sociopolitical and cultural contexts. It links social psychology with current cognitive science research on implicit learning, ethnocentrism (attribution error, in-group favoritism, and asymmetric perception), automatic information processing, and inappropriate generalization. Chapters discuss the interwoven characteristics of multiple identities of individuals such as race, gender, class, disability, age, religion, region, and sexual orientation. In addition, the book offers concrete strategies to facilitate inner-dialogue and discussion of self-perception and interpersonal relationships. Featured topics in this book include: Intrapersonal communication and the biases that can be involved. The impact of a provider's personal values and beliefs on assessing and treating clients. The Social Categorization Theory of Race. The Social Categorization Theory of Gender. The Social Dominance Theory of Class. Identity Construction, Multiple Identities, and their intersectionality. Social Justice, Multicultural Counseling, and Practice, Second Edition will be of interest to researchers and professors in clinical psychology, counseling psychology, multicultural psychology, social psychology, cognitive neuroscience, social work, social justice, equity, and inclusion work as well as health care providers.
