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Nota di bibliografia	Includes bibliographical references and index.
Nota di contenuto	The generic model of cognitive behavioral therapy / Scott H. Waltman and Leslie Sokol -- Treatment-relevant assessment in cognitive-behavioral therapy / Katerina Rnic and David J.A. Dozois -- Learning principles in CBT / Michelle L. Davis, Sara M. Witcraft, Scarlett O. Baird and Jasper A.J. Smits -- Cognitive processes in CBT / Eni S. Becker and Janna N. Vrijssen -- Emotion regulation in cognitive-behavioral therapy / Andre J. Plate and Amelia Aldao -- Combined treatment with CBT and psychopharmacology / Josie Lee, Bridget A. Hearon and Michael W. Otto -- Acceptance and commitment therapy and the cognitive behavioral tradition / Frederick Chin and Steven C. Hayes -- Mindfulness-based cognitive behavioral treatments / Lizabeth Roemer, Natalie Arbid, Jennifer H. Martinez and Susan M. Orsillo -- Global to local / Anushka Patel and Devon Hinton -- Cognitive-behavioral therapy in older adults / Elizabeth C. Conti, Cynthia Kraus-Schulman and Melinda A. Stanley -- Cognitive-behavioral therapy for children and adolescents / Danielle Cornacchio, Amanda L. Sanchez, Tommy Chou and Jonathan S. Comer -- Behavioral activation treatments for depression / Leanne Quigley and Keith S. Dobson -- Posttraumatic stress disorder / Richard A. Bryant -- Eating disorders / Zafra Cooper and Riccardo D. Grave -- Transdiagnostic treatment for anxiety disorders / Laren R. Conklin and Hannah Boettcher -- Cognitive behavioral therapy for sleep disorders / Caitlin E. Gasperetti, Michael R. Dolsen and Allison G. Harvey -- Cognitive behavioral therapy for somafom disorders and / Maria

Kleinstauber and Winfried Rief -- Dialectical behavior therapy / Anita Lungu and Marsha M. Linehan -- Cognitive bias modification / Jennie M. Kuckertz and Nader Amir -- Cognitive training in schizophrenia / Kristen M. Haut, Vijay A. Mittal, Stewart A. Shankman and Christine I. Hooker -- Internet-based cognitive behavior therapy / Gerhard Andersson, Per Carlbring and Heather D. Hadjustavropoulos -- Virtual reality and other realities / Cristina Botella, Rosa M. Banos, Azucena Garcia-Palacios and Soledad Quero.
