

1. Record Nr.	UNINA9910293148503321
Autore	Goodyear Victoria A.
Titolo	Young people, social media and health / / edited by Victoria A. Goodyear and Kathleen M. Armour
Pubbl/distr/stampa	Taylor & Francis, 2019 Abingdon, Oxon ; New York, NY : , : Routledge, , 2019 ©2019
ISBN	1-351-02696-8 1-351-02698-4
Descrizione fisica	1 online resource (xvii, 231 pages) : illustrations; digital, PDF file(s)
Collana	Routledge studies in physical education and youth sport
Disciplina	610.2850835
Soggetti	Internet and teenagers Social media in medicine
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Nota di bibliografia	Includes bibliographical references and index.
Sommario/riassunto	The pervasiveness of social media in young people's lives is widely acknowledged, yet there is little evidence-based understanding of the impacts of social media on young people's health and wellbeing. Young People, Social Media and Health draws on novel research to understand, explain, and illustrate young people's experiences of engagement with health-related social media; as well as the impacts they report on their health, wellbeing, and physical activity. Using empirical case studies, digital representations, and evidence from multi-sector and interdisciplinary stakeholders and academics, this volume identifies the opportunities and risk-related impacts of social media. Offering new theoretical insights and practical guidelines for educators, practitioners, parents/guardians, and policy makers; Young People, Social Media and Health will also appeal to students and researchers interested in fields such as Sociology of Sport, Youth Sports Development, Secondary Physical Education, and Media Effects.