Record Nr. UNINA9910284440903321 Autore **Gross Sally-Anne** Titolo Well-being and mental health in the gig economy: policy perspectives on precarity / / Sally-Anne Gross, George Musgrave and Laima Janciute London:,: University of Westminster Press,, 2018 Pubbl/distr/stampa 1-911534-91-2 **ISBN** 1-911534-89-0 Descrizione fisica 1 online resource (35 pages) : PDF, digital file(s) Collana CAMRI Policy Briefs;; 4 Disciplina 331.25729 Soggetti Temporary employment Temporary employees Gig economy - Health aspects Lingua di pubblicazione Inglese **Formato** Materiale a stampa Livello bibliografico Monografia Nota di bibliografia Includes bibliographical references. Sommario/riassunto "A response is needed to the numerous issues spurred by the expansion of the gig economy, where flexible patterns of employment prevail in contrast to permanent jobs. In this context of the exponential growth of the digital economy and underlying business models the largest nationwide study of its kind into the impact of the working conditions in the UK music industry 'Can Music Make You Sick?' has been conducted by MusicTank/University of Westminster. Tis research suggests the need to consider the future of work not only from an economic or employment law perspective but from a mental health one too. What are the psychological implications of precarious work and how are factors such as financial instability, the feedback economy and personal relationships reflected in mental health outcomes or connected to the business relationships most musicians and other gig economy participants work under? Authors Sally-Anne Gross, George Musgrave and Laima Janciute consider which policy measures may help or harm gig economy workers including the taxation of self-employed

workers, a universal basic income, education around mental health

issues and access to mental health support."