

1. Record Nr.	UNINA9910280811603321
Titolo	Musculoskeletal Sports and Spine Disorders : A Comprehensive Guide / / edited by Stuart B. Kahn, Rachel Yinfei Xu
Pubbl/distr/stampa	Cham, Switzerland : , : Springer, , 2017
ISBN	3-319-50512-2
Edizione	[1st edition 2017.]
Descrizione fisica	1 online resource (428 pages) : illustrations (some color)
Disciplina	617.47044
Soggetti	Musculoskeletal system - Diseases - Rehabilitation Musculoskeletal system - Wounds and injuries - Treatment Sports injuries - Treatment Orthopedics Sports medicine Physiotherapy
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Note generali	1st edition 2017.
Nota di bibliografia	Includes bibliographical references at the end of each chapters and index.
Nota di contenuto	Part I. Head and Neck -- Chapter 1. Headaches -- Chapter 2. Concussions -- Chapter 3. Occipital Neuralgia and Sub-Occipital Pain Syndromes -- Chapter 4. Trigeminal Neuralgia -- Chapter 5. TMJ -- Chapter 6. Acute Torticollis -- Chapter 7. Cervical Strain and Myofascial Pain Syndrome -- Part II. Upper Extremity -- Chapter 8. Acute Brachial Radiculitis (Parsonage Turner Syndrome) -- Chapter 9. Stingers and Burners -- Chapter 10. Subacromial Bursitis and Impingement -- Chapter 11. Rotator Cuff Disease -- Chapter 12. Adhesive Capsulitis -- Chapter 13. Glenohumeral Instability -- Chapter 14. Labral Tears -- Chapter 15. Glenohumeral Joint Osteoarthritis -- Chapter 16. Acromioclavicular Joint Pathology -- Chapter 17. Biceps Tendonitis (Proximal and Distal) -- Chapter 18. Lateral Epicondylitis -- Chapter 19. Medial Epicondylitis -- Chapter 20. Olecranon Bursitis -- Chapter 21. Ulnar Nerve Entrapment at Elbow (Cubital Tunnel Syndrome) -- Chapter 22. Ulnar Nerve Entrapment at the Wrist (Guyon's Canal) -- Chapter 23. Traumatic Wrist Sprain -- Chapter 24. Triangular Fibrocartilage Complex Injury -- Chapter 25. De Quervain's

Tenosynovitis -- Chapter 26. Carpal Tunnel Syndrome -- Chapter 27. Carpometacarpal Joint Osteoarthritis -- Chapter 28. Scaphoid Fracture and Avascular Necrosis -- Chapter 29. Kienböck's Disease (Lunate Fracture) -- Chapter 30. Ulnar Collateral Ligament Injury -- Chapter 31. Trigger Finger -- Chapter 32. Mallet Finger and Jersey Finger -- Chapter 33. Boutonniere's Deformity -- Part III. Chest, Abdomen and Pelvis -- Chapter 34. Pectoralis Major and Minor Strains and Tears -- Chapter 35. Sternoclavicular Joint Injuries -- Chapter 36. Costochondritis -- Chapter 37. Musculoskeletal Chest Pain -- Chapter 38. Ilioinguinal, iliohypogastric, and Genitofemoral Nerve Pain Syndromes -- Chapter 39. Inguinal Hernia -- Chapter 40. Femoral Hernia -- Chapter 41. Sports Hernia -- Chapter 42. Blunt Abdominal Trauma -- Chapter 43. Myofascial Chronic Pelvic Pain -- Part IV. Lower Extremity -- Chapter 44. Hip Osteoarthritis -- Chapter 45. Hip Avascular Necrosis -- Chapter 46. Labral Tear -- Chapter 47. Greater Trochanteric Pain Syndrome (Greater Trochanteric Bursitis) -- Chapter 48. Gluteal Tendinopathy and Tear -- Chapter 49. Ischial Tuberosity Bursitis -- Chapter 50. Hamstring Tear -- Chapter 51. Piriformis Syndrome -- Chapter 52. Adductor Strain (Groin Strain) -- Chapter 53. Mononeuritis Multiplex -- Chapter 54. Meralgia Parasthetica -- Chapter 55. Iliotibial Band Syndrome -- Chapter 56. Knee Osteoarthritis -- Chapter 57. Knee Instability and Dislocations -- Chapter 58. Medial and Lateral Meniscal Tears -- Chapter 59. Anterior Cruciate Ligament and Posterior Cruciate Ligament Tears -- Chapter 60. Pre-Patellar and Pes Anserine Bursitis -- Chapter 61. Patella and Quadriceps Tendinopathy -- Chapter 62. Quadriceps Tears and Tendon Ruptures -- Chapter 63. Medial Tibial Stress Syndrome (Shin Splints) -- Chapter 64. Compartment Syndrome -- Chapter 65. Ankle Sprain -- Chapter 66. Achilles Tendinopathy -- Chapter 67. Achilles Tear -- Chapter 68. Plantar Fasciitis -- Chapter 69. Metatarsalgia -- Chapter 70. Morton's Neuroma -- Chapter 71. Acute Gout -- Chapter 72. Pes Planus -- Chapter 73. Pes Cavus -- Chapter 74. Bunions -- Chapter 75. Osteoarthritis of First CMC -- Part V. Spine -- Chapter 76. Whiplash -- Chapter 77. Facet Mediated Pain -- Chapter 78. Spondylosis with Generalized Degenerative Disc, Uncovertebral and Facet Pain -- Chapter 79. Zygapophyseal (Facet) Pain Syndrome -- Chapter 80. Cervical Radiculopathy -- Chapter 81. Cervical Myelopathy -- Chapter 82. Cervical Instability -- Chapter 83. Thoracic Muscle Strain -- Chapter 84. Costovertebral Pain Syndromes -- Chapter 85. Intercostal Pain Syndromes -- Chapter 86. Thoracic Radiculopathy -- Chapter 87. Spondylosis and Spondylolisthesis -- Chapter 88. Acute Pars Fracture -- Chapter 89. Compression Fracture -- Chapter 90. Thoracic Myelopathy -- Chapter 91. Lumbosacral Muscle Strain -- Chapter 92. Ligamentous Injury: Sacroiliac Joint and Illiolumbar Pain -- Chapter 93. Acute Facet Pain -- Chapter 94. Chronic Facet Pain -- Chapter 95. Acute Lumbar Radiculopathy -- Chapter 96. Chronic Lumbar Radiculopathy -- Chapter 97. Degenerative Disc and Discogenic Pain -- Chapter 98. Lumbar Spondylotic and Arthritic Pain -- Chapter 99. Acute Cauda Equina Syndrome -- Chapter 100. Lumbosacral Instability -- Chapter 101. Coccygodynia -- 102. Coccyx Fracture and Dislocation.

Sommario/riassunto

Fulfilling the need for an easy-to-use resource on managing musculoskeletal disorders and sports injuries, this book provides differential diagnostic workups with recommended gold standard evaluations that lead to a simple and accurate diagnosis, followed by first-line treatment options. Organized by five sections - head and neck, upper extremity, lower extremity, abdomen/pelvis with trunk and chest, and cervical, thoracic and lumbosacral spine - chapters present a

concise summary and move on to a description of the most common symptoms, etiology, epidemiology and/or common causes if traumatic in nature. The best and most accepted diagnostic tests are illustrated, along with recommended evidence-based medicine and what may be done based on community standards of care. Treatment options will be listed in order of the most conservative to the most aggressive. This complete reference will provide primary care, physiatry, and ER physicians, residents, PA's and students a simple and practical approach for clinical and academic use.
