

1. Record Nr.	UNINA9910817641503321
Autore	Sandoz Emily K
Titolo	Acceptance and commitment therapy for eating disorders [[electronic resource]] : a process-focused guide to treating anorexia and bulimia / Emily K. Sandoz, Kelly G. Wilson, Troy DuFrene
Pubbl/distr/stampa	Oakland, Calif., : New Harbinger Publications, Inc., c2010
ISBN	1-60882-234-6 1-57224-734-7
Descrizione fisica	1 online resource (314 p.)
Altri autori (Persone)	WilsonKelly G DuFreneTroy <1972->
Disciplina	616.85/2
Soggetti	Eating disorders - Treatment Anorexia nervosa - Treatment Bulimia - Treatment Acceptance and commitment therapy
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Note generali	Description based upon print version of record.
Nota di bibliografia	Includes bibliographical references (p. [279]-281) and index.
Nota di contenuto	Introduction : new perspectives on the treatment of disordered eating -- What is ACT? -- What are eating disorders? -- Where do eating disorders come from and how do they work? -- The goals and targets of ACT for eating disorders -- Training present-moment focus -- Training cognitive defusion -- Training experiential acceptance -- Training transcendent self-awareness -- Training valued living -- Training committed action -- Measuring and making change -- Phase 1 : choosing direction -- Phase 2 : building flexibility in the therapy session -- Phase 3 : bringing flexibility to bear in your life -- Conclusion : what now? Integration and reconceptualization.
Sommario/riassunto	Coauthored by Kelly Wilson, cofounder of acceptance and commitment therapy (ACT), Acceptance and Commitment Therapy for Eating Disorders is a complete guide to treating eating disorders that targets the underlying factors that fuel most eating disorders.

2. Record Nr.	UNINA9910267956703321
Autore	Versaci Antonella
Titolo	Cities' identity through architecture and arts [[electronic resource]] : proceedings of the 1st International Conference on Cities' Identity through Architecture & Arts, Cairo, Egypt, 11-13 May 2017 // editors, Anna Catalani, Adolf Sotoca, [and 6 others]
Pubbl/distr/stampa	Routledge, 2018
ISBN	1-351-68033-1 1-351-68032-3 1-315-16655-0
Edizione	[First edition.]
Descrizione fisica	1 online resource (xix, 563 pages) : illustrations; digital, PDF file(s)
Disciplina	307.76
Soggetti	City and town life Cities and towns - Social conditions Architecture Arts Urbanization
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Nota di bibliografia	Includes bibliographical references and index.
Nota di contenuto	part, Architecture -- chapter A great Chinese 'rural' metropolis—the unity and contradictions in Beijing's urban identity -- chapter Architectural ornaments in the twenty-first century: An analytical study -- chapter Conservation strategies to revive the imageability of the Kumbakonam historic town -- chapter Envisioning the unseen: Interdisciplinary approach between painting and architecture -- chapter Heritage management: Investigating current practices in sustainable retrofitting of built heritage, methodologies, tools and approaches -- chapter New urbanism and its reflection on residential interior design in Egypt -- chapter Place identity/place making in the built environment—towards a methodological perspective -- chapter Sustainable urban heritage conservation strategies—case study of historic Jeddah districts -- chapter The correlation between art and architecture to promote social interaction in public space -- chapter The miniatures of Lahore Darbar -- chapter The potential of the eco-

passive construction technique for the Western Desert in Egypt -- chapter Towards public identity and climate awareness architecture -- chapter Vernacular culture and its contribution to the identity of Auresian houses in Algeria -- chapter The historical symbolizing of Istanbul city through its iconic buildings -- part, Interior design -- chapter Anticipating possible future visions in interior architecture -- chapter Contemporary Egyptian theatre and heritage -- chapter Design ideology through architectural identity: A hybrid dynamic potential -- chapter The mutual influence of the Mamluk interior architecture and urban planning in Damascus -- chapter Usage of Arundo Donax L. as a sustainable material in interior design and architecture -- part, Architectural identity and globalization -- part, Architecture -- chapter Authenticity of the physical environment that influences a sense of place: A qualitative study at Ampel Street Corridor, Surabaya, Indonesia -- chapter Back into the future: The city improvement board of Hyderabad -- chapter Drama as a conservation tool for architectural heritage -- chapter Human response and the complex city scene -- chapter Interactions between urban dynamics and new spatial patterns: The case of Istanbul -- chapter Investigating a sense of place at a historic commercial street corridor: Visitor perception of social aspects -- chapter Jammu—the city of temples -- chapter Nature and physical configuration: A study of topographical influences on the physical configuration of mountain settlements in the Iraqi Kurdistan region -- chapter The effect of social and environmental factors on the urban form of a place: A fishing village in Hurghada, Egypt -- chapter The nature of cities -- chapter The Potential of Pavements in the Identity Conflict of a City -- chapter Towards sustainable slum development: A performance evaluation approach for slum upgrading plans in Egypt -- chapter Urban identity and lifestyles of gated communities in Egypt -- part, Graphic -- chapter From national disgrace to cultural heritage and international film set. The case of Matera (Italy) -- chapter Strategies of creative thinking for solving design problems in the field of graphic design -- part, History and arts -- chapter A process of urban regeneration from below. The case of Taranto (Italy) -- part, City as a scene -- part, Architecture -- chapter Developing sustainable urban growth in Egypt towards the location of renewable energy resources -- chapter Enhancing the housing industry in Egypt through the application of new design and construction techniques aimed towards sustainability and actual market demand -- chapter Reclaiming the city: Guerrilla Gardening in Nairobi -- chapter Recording the intangible heritage of the city in the Metropolitan Area of Porto -- chapter The urban regeneration of the peripheral areas. The case study of Tor Vergata (Rome, Italy) -- chapter New ornaments' influence on the character of modern cities -- part, History and arts -- chapter Arabian urban text art: Between cultural identity and artistic identity -- chapter The remaining houses of the two pearl merchants Ahmed Munawar Rifai and Hussein Bin Yahya Rifai in the Farasan Islands in the 14th century AH/20th century AD: A study of aesthetic and artistic values -- part, City as an organism -- part, Architecture -- chapter Architecture of the 21st century museum as a catalytic phenomenon in the evolving cultural identity of a city -- chapter Conserving historical areas through the roles of main cities: Urban identity in the era of globalisation -- chapter Entrance gateway of Kerala temples: Assessing the form of a Kerala temple gopuram through material and construction -- chapter Expression of cultural identity in the contemporary urban built form of Kathmandu -- chapter Reimagining city identity through safe and sustainable public environments -- chapter Smart grids, smart cities, interior spaces and human behaviour: An interactive development

process -- part, History and arts -- chapter Identity in transformation of rural Egyptian villages -- chapter Metaphysics and identity in architecture: Peter Eisenman's Wexner Center for the Arts as case study -- chapter Immersing the landscape in its music: The case of isopolyphony in South Albania -- chapter The changing image of Istanbul through its monuments (1923–1973) -- chapter The cumulative effect of an interdisciplinary project -- chapter Unearthing the spatial archetypes of two indigenous South Asian cities: The walled city of Old Delhi and Old Dhaka -- part, Planning and approaching the city.

Sommario/riassunto

"Every city has its unique and valuable identity, this identity is revealed through its physical and visual form, it is seen through the eyes of its residents and users. The city develops over time, and its identity evolves with it. Reflecting the rapid and constant changes the city is subjected to, Architecture and Arts, is the embodiment of the cultural, historical, and economical characteristics of the city. This conference is dedicated for the investigation of the different new approaches developed in Architecture and Contemporary arts. It will focus on the basis of urban life and identities. It will discuss the examples and tendencies in dealing with urban identities as well as the transformation of cities and urban cultures mentioned in terms of their form, identity, and their current art. Contemporary art, when subjected to experiments, continues to be produced in various directions, to be consumed and to put forward new ideas. Art continuously renews itself -from new materials to different means of communication, from interactive works to computer games, from new approaches to perceptual paradigms and problems of city and nature of the millennium."--Provided by publisher.
