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Sommario/riassunto	<p>The publication of this book, East Asian Philosophies and Psychology: Towards Psychology of Self-cultivation, signifies an important breakthrough for the indigenization movements of psychology which have happened in many non-Western countries since 1980s. Viewing from the perspective of scientific revolution (Kuhn, 1969), when Western paradigms of psychology are transplanted to non-Western countries and encounter anomalies which cannot be explained by the imported theories, the foreign theories are in a state of crisis waiting for scientific revolution.</p>