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Nota di contenuto	Chapter 1. An Introduction to the Value of Shame: Exploring a Health Resource Across Cultures (Vanderheiden) -- Part I. Theoretical Perspectives on Shame and Culture -- Chapter 2. Shame! A System Psychodynamic Perspective (May) -- Chapter 3. Shame as a Functional and Adaptive Emotion: A Bio-psycho-social Perspective (Van Alphen) -- Chapter 4. The Positive Function of Shame: Moral and Spiritual Perspectives (Ryan) -- Part II. Culture-specific Perspectives on Shame -- Chapter 5. IajjA in Indian Psychology: Spiritual, Social, and Literary Perspectives on Shame (Bhawuk) -- Chapter 6. Shame in South African Work Places (Mayer) -- Chapter 7. Canada/North America: Shame Between Indigenous Nature-connectedness, Colonialism and Cultural Disconnection (Buch) -- Chapter 8. Indigenous Australians: Shame and Respect (Louth) -- Chapter 9. Shame and Resilience: A New Zealand Based Exploration of Resilient Responses to Shame (Brennan) -- Chapter 10. From Shame to Guilt: The Remediation of Bullying Across

Sommario/riassunto

This volume combines empirical research-based and theoretical perspectives on shame in cultural contexts and from socio-culturally different perspectives, providing new insights and a more comprehensive cultural base for contemporary research and practice in the context of shame. It examines shame from a positive psychology perspective, from the angle of defining the concept as a psychological and cultural construct, and with regard to practical perspectives on shame across cultures. The volume provides sound foundations for researchers and practitioners to develop new models, therapies and counseling practices to redefine and re-frame shame in a way that leads to strength, resilience and empowerment of the individual.