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Nota di contenuto	Chapter 1. Introduction -- Section 1: Health-Related Problem Behaviors -- Drinking and Problem Drinking -- Chapter 2. Predicting the Initiation of Alcohol Use -- Chapter 3. Alcohol Use and Adolescent Development -- Chapter 3. Alcohol Use and Adolescent Development -- Chapter 4. Adolescent and Young Adult Problem Drinking -- Chapter 5. Explaining Adolescent Problem Drinking -- Chapter 6. Problem Drinking and Psychosocial Development in Adolescence -- Chapter 7. Problem Drinking in College -- Marijuana Use -- Chapter 8. Marijuana Use in High School and College -- Chapter 9. Understanding the Initiation of Marijuana Use -- Chapter 10. Problem Behavior Theory and the Use of Marijuana -- Chapter 11. Psychosocial Research on Marijuana Use: An Early Review -- Chapter 12. Understanding Marijuana Use in a National Sample of Adolescents -- Chapter 13. Accounting for Marijuana Use in Adolescence and Young Adulthood -- Early Sexual Intercourse Experience -- Chapter 14. The Transition to Sexual Intercourse Experience -- Chapter 15. Predicting First Sexual Intercourse Experience -- Chapter 16. Understanding Early Initiation of

Sexual Intercourse in Adolescence -- Cigarette Smoking -- Chapter 17. Explaining Smoking Behavior in Adolescence -- Chapter 18. Protection and Risk in College Student Smoking -- Risky Driving -- Chapter 19. Adolescent and Young Adult Risky Driving: The Role of Problem Drinking -- Chapter 20. Developmental Change in Risky Driving -- Section 2: Health Behaviors -- Chapter 21. A Psychosocial Account of Health Behavior in Adolescence -- Chapter 22. Problem Behavior Theory and Behavioral Health in Adolescence -- Chapter 23. Value on Health and Fitness in Adolescent Behavioral Health -- Chapter 24. Behavioral Science and the Health of Youth -- Chapter 25. Applying Problem Behavior Theory to Adolescent Health Behavior -- Chapter 26. Linking Health Behavior and Problem Behavior in Adolescence -- Chapter 27. Problem Behavior Theory and Contraceptive Use in Adolescence -- Chapter 28. The Role of Protection in Adolescent Health Behavior -- Chapter 29. Health Enhancing Behavior in Chinese and American Adolescents -- Chapter 30. Understanding Developmental Change in Health Behavior in the US and Chinese Adolescents -- Chapter 31. Conclusion.

Sommario/riassunto

This second volume of Richard Jessor's influential works applies his groundbreaking theory to illuminating the psychosocial determinants of adolescent health. Focusing on a range of both health-compromising and health-enhancing behaviors, including problem drinking, marijuana use, risky driving, and early sexual experience as well as regular exercise and healthy diet, these writings advance understanding of the role of health behavior in adolescence and adolescent development. Chapters illustrate the relevance of the theory and of its interdisciplinary approach for research on behavioral health in adolescence and for the design of prevention/intervention programs to promote healthy development. In addition, the book's comparative studies of U.S. and Chinese youth reveal the generality of the theory across societal and national differences. Topics featured in this book include: Alcohol use and problem drinking in adolescent health and development. Psychosocial research on marijuana use. Understanding early initiation of sexual intercourse in adolescence. Smoking behavior in adolescence and young adulthood. Developmental change in risky driving. Healthy eating and regular exercise in adolescent health and development. Problem Behavior Theory and Adolescent Health is a must-have resource for researchers, professors, clinicians, and related professionals as well as graduate students in developmental and health psychology, sociology, criminology, criminal justice, public health, and related disciplines. .
