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Titolo	Intervening After Violence : Therapy for Couples and Families / / by Clarissa Sammut Scerri, Arlene Vetere, Angela Abela, Jan Cooper
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Edizione	[1st ed. 2017.]
Descrizione fisica	1 online resource (X, 179 p. 1 illus. in color.)
Collana	Focused Issues in Family Therapy, , 2520-1190
Disciplina	362.82924
Soggetti	Clinical psychology Social service Psychotherapy Clinical Psychology Social Work
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Nota di bibliografia	Includes bibliographical references at the end of each chapters and index.
Sommario/riassunto	This practical text offers professional guidance on stopping domestic violence in couples and families and promoting healing and safety in its aftermath. Rich in theoretical diversity (attachment, trauma, feminist, narrative) and inclusive of family structures and forms of violence, the coverage takes an approach to understanding both complex circumstances and intervening with families. The tasks of healing, from reestablishing trust to fostering positive coping, are clearly linked to effects of abuse such as unresolved loss, blunted trauma responses, poor emotion regulation, and damaged relational esteem. And because sustained safety is crucial to well-being, the authors extend their concepts of safety to include professionals' own experience, security, and self-care. Among the topics covered: · Living with violence in the family: retrospective recall of women's childhood experiences. · How to help stop the violence: using a safety methodology across the life span. · Helping couples separate safely: working towards safe separations. · Healing and repair in relationships: working

therapeutically with couples. • Working systemically with parents, children, and adult survivors when the abuse stops. • Supervision and consultation with practitioners who intervene with families and trauma. Intervening After Violence: Therapy for Couples and Families is an essential resource for social workers and mental health professionals engaged in clinical practice seeking strategies for working therapeutically and systematically with couples and families coping with physical and emotional violence.
