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Titolo	The Changing Nature of Happiness : An In-Depth Study of a Town in North West England 1938–2016 // edited by Sandie McHugh
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Nota di contenuto	Chapter One. Happiness Down the Ages; Theory and Philosophy -- Chapter Two. Enjoyment and Happiness -- Chapter Three. Happiness in Worktown 1938 and Bolton 2014 -- Chapter Four. Happiness Perceptions; a Comparison 1938 and 2014 -- Chapter Five. Everyday Leisure in Worktown and Bolton -- Chapter Six. Observations in a Set Situation: Children's Experiences in Worktown: Bolton -- Chapter Seven. Future Directions in Happiness research.
Sommario/riassunto	This book shines a light on the meaning of happiness and how public perceptions of it have changed over time. A question that has engaged

philosophers from the days of Aristotle, happiness is a subject of growing academic interest, and its recent integration into government policy is provoking increased debate into its definition and nature. Sandie McHugh and her associates build on the work of social anthropologist Tom Harrison's 'Worktown' Mass Observation study from 1938, repeating the original study today. Together these accounts show how perceptions of happiness have changed over the years for the people of Bolton, UK, and reveal major difference between its definition then and now. This unique study is a useful tool in the understanding and study of happiness, offering invaluable insights for scholars and practitioners working in the fields of social psychology, positive psychology, health psychology and wellbeing. .
