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Titolo	Practical Strategies and Tools to Promote Treatment Engagement // edited by William O'Donohue, Larry James, Cassandra Snipes
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Edizione	[1st ed. 2017.]
Descrizione fisica	1 online resource (X, 315 p. 9 illus., 3 illus. in color.)
Disciplina	616.89
Soggetti	Health psychology Health promotion Social work Health Psychology Health Promotion and Disease Prevention Social Work
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Nota di bibliografia	Includes bibliographical references at the end of each chapters and index.
Nota di contenuto	Introduction. Strategies for Promoting Treatment Engagement -- Behavioral economics -- States of change: pro-change -- Motivational interviewing -- Treatment-interfering behaviors. - Cognitive behavior therapy. - Acceptance and mindfulness -- e-Health and Telehealth -- Treatment adherence technologies -- Promoting Treatment Engagement in Context -- Serious mentally illness -- Substance abuser -- Depression -- Concerns of the elderly -- Behavioral problems in children: ADHD and OCD -- Cultural differences -- Diabetes -- Obesity -- Cardiovascular disease -- Upper respiratory disease -- Pain management -- Smoking cessation -- Anxiety -- Exercise and nutrition.
Sommario/riassunto	This practice-building resource examines the psychology behind non-adherence and the importance of building commitment to treatment as the foundation of successful therapy. Coverage starts by illustrating the complex phenomena of non-adherence at different stages of intervention—including mechanisms and situations that may prevent

even initial engagement. From there, experts from diverse specialties offer interest-promoting strategies tailored to specific conditions (diabetes, anxiety, depression) and populations (children, dually diagnosed patients), informed by the current knowledge base on treatment effectiveness and recent technological advances. And the editors make patient-centered recommendations for the health and mental health professions to make therapy more accessible and open. Among the topics covered: · Meeting patients where they are: using a stage approach to facilitate engagement. · Use of mindfulness in promoting treatment engagement. · DBT and treatment engagement in the context of highly suicidal complex clients. · Behavioral Problems in children: ADHD and ODD. · Engagement of patients in the self-management of pain. · Engaging trauma survivors in treatment.

breakthrough in the behavioral health delivery services literature, Practical Strategies and Tools to Promote Treatment Engagement offers real-world tools, guidelines, and expertise to health psychologists, primary care physicians and nurses, clinical psychologists, and clinical social workers. It is a vivid reminder that patients need not only what's good for them, but also what works for them.
