1. Record Nr. UNINA9910254793203321 Autore Jacob Varughese Titolo Counseling Asian Indian Immigrant Families : A Pastoral Psychotherapeutic Model / / by Varughese Jacob Pubbl/distr/stampa Cham: .: Springer International Publishing: .: Imprint: Palgrave Macmillan, , 2017 **ISBN** 3-319-64307-X Edizione [1st ed. 2017.] 1 online resource (XXV, 441 p. 5 illus. in color.) Descrizione fisica 616.8914 Disciplina Soggetti Psychotherapy Counseling Child psychology School psychology Cross-cultural psychology Social groups Family Psychotherapy and Counseling Child and School Psychology Cross Cultural Psychology Sociology of Family, Youth and Aging Lingua di pubblicazione Inglese **Formato** Materiale a stampa Livello bibliografico Monografia Nota di bibliografia Includes bibliographical references and index. Nota di contenuto 1. Introduction and Overview -- 2. Historical and Cultural Factors in Ethnic Identity Formation of Asian Indian Immigrants: Understanding the Context of Care -- 3. Cultural Identity and Intergenerational Conflicts -- 4. Presentation of Findings and Interpretation of the Empirical Data -- 5. Relationship, Culture, Community and Personhood -- 6. Marginality and Theology of New Marginality -- 7. Cohesive Self

and New Marginality: A Mutual Critical Correlation -- 8. Praxis-Reflection-Action Model: An Interdisciplinary Approach of Pastoral Care and Counseling -- 9. Application of Praxis-Reflection-Action Model of Pastoral Counseling.

Sommario/riassunto This book provides insight into the unique challenges facing Indian and South Asian immigrants in the West—particularly in the United States. It explores the "baggage" they carry; their expectations versus the realities of negotiating a new cultural, social, religious, and economic milieu; nostalgia and idealization of the past; and the hybridity of existence. Within this context, the author discusses factors which often contribute to intergenerational family conflict among this population. Jacob asserts that this conflict is largely a product of differences in cultural values and identity, acculturation stress, and the experience of marginality. After analyzing and interpreting empirical data collected from two hundred families, he proposes the "Praxis-Reflection-Action" (PRA) Model: a five-stage therapeutic model and the first pastoral psychotherapeutic model developed for the Asian Indians living in the West. .