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Titolo	Groin Pain Syndrome : A Multidisciplinary Guide to Diagnosis and Treatment // edited by Raul Zini, Piero Volpi, Gian Nicola Bisciotti
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ISBN	3-319-41624-3
Edizione	[1st ed. 2017.]
Descrizione fisica	1 online resource (X, 190 p. 113 illus., 73 illus. in color.)
Disciplina	616.7
Soggetti	Orthopedics Sports medicine Rehabilitation Physiotherapy Sports Medicine
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Nota di contenuto	1 Classification and Differential Analysis -- 2 Inguinal Region Anatomy -- 3 Physiology and Biomechanics -- 4 Radiologic Diagnosis -- 5 Femoral Acetabular Impingement -- 6 Acetabular Labral Tear -- 7 Instability -- 8 Cartilage Pathology -- 9 Other Cartilaginous Hip Pathology -- 10 Extra-articular Hip Pathology -- 11 Inguinal Pathology -- 12 Sports Hernia -- 13 Urogenital Pathology -- 14 Adductor and Upright Abdominal Tendinopathy -- 15 Iliopsoas Tendinopathy -- 16 Osteitis Pubis and Pubic Symphysis Arthropathy -- 17 Nerve Entrapment Syndrome -- 18 Conservative Rehabilitation Treatment (strength exercises, stretching, strength exercises, physical therapy) -- 19 Postsurgical Rehabilitation (FAI – hernioplasty - tendon surgery) -- 20 Groin Pain Syndrome: A Final Assessment of the State of the Art.
Sommario/riassunto	This book provides accurate descriptions of the injuries responsible for groin pain, which tend to occur in association with particular sports. The approach is multidisciplinary, ensuring that the book will be of broad appeal, and the focus is especially on epidemiology, etiology, and possible treatment options. Throughout, care has been taken to depict the state of the art in this constantly evolving field. A new

classification of groin pain syndrome is presented, and the coverage encompasses hip, visceral, tendon/muscle, bone, and neurologic pathology. In addition, guidance is provided in selection of the rehabilitation program that will best meet the patient's needs, taking into account individual circumstances. Groin pain is among the most prevalent lower limb symptoms. The pain may occur immediately after an injury or develop gradually and is often exacerbated by continued use of the injured area. In presenting the latest knowledge on groin pain syndrome and its management, this book will be of value to a range of practitioners, including sports medicine specialists, primary care providers, urologists, orthopedists, and physiatrists. .
