Record Nr. UNINA9910254555003321 Health Promotion for Children and Adolescents [[electronic resource] /] **Titolo** / edited by Maya Rom Korin Pubbl/distr/stampa New York, NY:,: Springer US:,: Imprint: Springer,, 2016 **ISBN** 1-4899-7711-2 Edizione [1st ed. 2016.] Descrizione fisica 1 online resource (VIII, 397 p. 11 illus., 9 illus. in color.) 613 Disciplina Soggetti Maternal and child health services Health promotion **Pediatrics** Child psychology School psychology Social work Maternal and Child Health Health Promotion and Disease Prevention Child and School Psychology Social Work Lingua di pubblicazione Inglese **Formato** Materiale a stampa Livello bibliografico Monografia Includes bibliographical references at the end of each chapters and Nota di bibliografia index. Part I: The Foundation -- Introduction: What is Child and Adolescent Nota di contenuto Health Promotion -- Basics of Health Promotion -- Part II: Socioecological Approach to Child and Adolescent Health --Socioeconomic Determinants of Child and Adolescent Health -- Poverty and Child Health -- Family and Culture in Adolescent and Child Health -- Part III: Children and Adolescent Psychological Wellness --Childhood Stress and Resilience -- ADD/ADHD -- Mental Health Issues in Children -- Youth Suicide -- Part IV: Children and Adolescents in the Health Care System -- Chronic Illnesses in Children and Adolescents --Confidentiality in Adolescent Health -- Part V: Social and Behavioral Wellness in Children and Adolescents -- Preventing Risky Sexual Behavior -- Sexuality and Gender Issues -- Alcohol and Tobacco Use --

Substance Abuse -- Violence and Aggressive Behavior -- Part VI:

Dietary Health in Children and Adolescents -- Obesity: A Growing Epidemic -- Eating Disorders in Adolescents -- Eating Disorder or Disordered Eating? An Integrated Approach to Obesity and Anorexia -- Part VII: Child Abuse and the Foster Care System -- Child Abuse -- Foster Care System.

## Sommario/riassunto

This timely volume surveys the broad spectrum of interventions used in health promotion, and shows how they may be tailored to the developmental needs of children and adolescents. Its multilevel lifespan approach reflects concepts of public health as inclusive, empowering, and aimed at long- and short-term well-being. Coverage grounds readers in theoretical and ecological perspectives, while special sections spotlight key issues in social and behavioral wellness, dietary health, and children and teens in the health care system. And in keeping with best practices in the field, the book emphasizes collaboration with stakeholders, especially with the young clients themselves. Among the topics covered: Child mental health: recent developments with respect to risk, resilience, and interventions Healthrelated concerns among children and adolescents with ADD/ADHD Preventing risky sexual behavior in adolescents Violence affecting youth: pervasive and preventable Childhood and adolescent obesity Well-being of children in the foster care system Health Promotion for Children and Adolescents is a necessary text for graduate or advanced undergraduate courses in public health, education, medicine, psychology, health education, social work, curriculum, nutrition, and public affairs. It is also important reading for public health professionals; researchers in child health, health education, and child psychology; policymakers in education and public health; and teachers.