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Nota di contenuto	part I. The foundation : the role of siblings in developmental and clinical literature: 1. The significance of siblings. 2. Siblings in developmental and clinical research -- part II. Siblings at home : helping families parent siblings: 3. Indirect ways parents impact sibling bonds. 4. Direct ways parents impact sibling bonds. 5. Siblings issues in diverse families. 6. Siblings of children with disabilities -- part III. Siblings in session : siblings in therapy with children, adolescents and

adults: 7. Siblings in child and adolescent individual therapy. 8. Siblings in child and adolescent family therapy. 9. Cognitive-behaviour interventions for adult sibling issues. 10. Brief psychodynamic interventions for adult sibling issues.

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**Sommario/riassunto**

Incorporating the latest research and clinical work in family dynamics, this book examines multiple angles of integrating sibling issues, which underlie issues at the core of many clinical difficulties presented by adult clients, in therapy to improve adulthood emotional and psychological well-being.

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