1. Record Nr. UNINA9910254544003321 Men's Health in Primary Care / / edited by Joel J. Heidelbaugh Titolo Cham: .: Springer International Publishing: .: Imprint: Humana, . Pubbl/distr/stampa 2016 **ISBN** 3-319-26091-X Edizione [1st ed. 2016.] Descrizione fisica 1 online resource (312 p.) Collana **Current Clinical Practice** Disciplina 610 Primary care (Medicine) Soggetti Urology Internal medicine Health promotion **Primary Care Medicine** Internal Medicine Health Promotion and Disease Prevention Lingua di pubblicazione Inglese **Formato** Materiale a stampa Livello bibliografico Monografia Description based upon print version of record. Note generali Nota di bibliografia Includes bibliographical references at the end of each chapters and index. Nota di contenuto Men's Health in the 2010's: What is the Global Challenge? --Masculinity in Men's Health: Barrier or Portal to Healthcare -- Health Seeking Behavior and Meeting the Needs for the Most Vulnerable Men -- Providing Preventive Services for Men: A Substantial Challenge? --The Evidence-Based Physical Examination of the Child and Adolescent Male -- Caring for the Adolescent Male -- The Evidence-Based Well Examination in Adult Men -- Promoting Cardiovascular Health in Adult Men -- Male Sexual Health -- Sexually Transmitted Infections in Men -- Benign Prostatic Hyperplasia and Lower Urinary Tract Symptoms --Testicular, Scrotal and Penile Disorders -- Male Hypogonadism: The Relationship to Cardiometabolic Syndrome and the Controversy Behind Testosterone Replacement Therapy -- Prostate Cancer: A Primary Care Perspective -- Caring for Men Who Have Sex with Men. Sommario/riassunto This book fills a major gap in the literature by providing comprehensive guidelines for the care of male patients through the lifecycle and across

healthcare settings. Devoted solely to improving men's health, this

book serves as an accessible, practical reference for clinicians treating these patients. It focuses on the psychosocial challenges that men encounter in obtaining healthcare as well as acute and chronic medical and psychological diseases. The book also offers current evidence-based guidelines for wellness and health maintenance. Topics include the problem of help seeking, preventative services, sexual dysfunction, cardiovascular health, prostate cancer screening, and testosterone deficiency. Men's Health in Primary Care is a valuable resource for primary care clinicians and students in family medicine, internal medicine, and adolescent medicine.