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Titolo	Obesity : The Medical Practitioner's Essential Guide // by Robin P. Blackstone
Pubbl/distr/stampa	Cham : , : Springer International Publishing : , : Imprint : Springer, , 2016
ISBN	3-319-39409-6
Edizione	[1st ed. 2016.]
Descrizione fisica	1 online resource (350 p.)
Disciplina	610
Soggetti	Surgery Family medicine Public health administration Nursing General Surgery General Practice / Family Medicine Health Administration
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Note generali	Description based upon print version of record.
Nota di bibliografia	Includes bibliographical references and index.
Nota di contenuto	Epidemiology, Measurement, and Cost of Obesity -- Prejudice, Discrimination, and the Preferred Approach to the Patient with Obesity -- The Biology of Weight Regulation and Genetic Resetting(TM) -- The Biology of Adipose Tissue -- Obesity Related Diseases and Syndromes: Insulin Resistance, Type 2 Diabetes Mellitus, Non-Alcoholic Fatty Liver Disease, Cardiovascular Disease and Metabolic Syndrome -- Obesity Related Diseases and Syndromes: Cancer, Endocrine Disease, Pulmonary Disease, Pseudotumor Cerebri, and Disordered Sleep -- Pediatric Obesity -- Fundamentals of Diet, Exercise, and Behavior Modification -- The Assessment of the Adult Patient with Overweight and Obesity -- Beyond Traditional Management: The Use of Medications in the Treatment of Obesity -- Bariatric Surgery -- Population Health Management of Obesity.
Sommario/riassunto	This book is the most current, comprehensive medical text focusing specifically on obesity and its related syndromes and diseases. This text takes the newest science and latest research about obesity and

renders the information imminently readable and immediately useful to the medical practitioner charged with providing best practices health care for patients who are obese. In the process, this text scientifically clarifies obesity as a disease of epidemic proportions, debunks common myths about obesity, and challenges medicine's traditional and oftentimes limited view of obesity. More specifically, in *Obesity: The Medical Practitioner's Essential Guide* you will find comprehensive, accurate, science-based information about the epidemiology, biology, genetics, psychology, discrimination and prejudice, causes, and effects of obesity, as well as the latest science about obesity's related syndromes and diseases. In addition, this book provides the medical practitioner with specific best practices, including preferred methods of measurement, preferred methods of obesity screening, a system of graded interventions, a comprehensive description and analysis of various bariatric/surgical interventions, and a proposed population management strategy. This medical text focusing on obesity and its related syndromes and diseases is not only an invaluable reference source for current front line practitioners, but is an essential tool that can be used both domestically and internationally to educate all students in medical schools, nursing programs, physician assistant programs, doctor of osteopath programs, medical weight loss clinics, and any other health science programs.
