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Titolo	The Epilepsy Book: A Companion for Patients : Optimizing Diagnosis and Treatment // by Thalia Valeta
Pubbl/distr/stampa	Cham : , : Springer International Publishing : , : Imprint : Springer, , 2017
ISBN	3-319-61679-X
Edizione	[1st ed. 2017.]
Descrizione fisica	1 online resource (XXIX, 208 p. 7 illus., 5 illus. in color.)
Disciplina	610
Soggetti	Medicine Health Neurology Popular Science in Medicine and Health
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Nota di bibliografia	Includes bibliographical references at the end of each chapters and index.
Nota di contenuto	History of epilepsy -- General Aspects of Epilepsy -- Preparing for the medical consultation -- Epileptic seizures -- Febrile seizures -- Reflex seizures -- Epileptic syndromes and their classification -- Idiopathic generalized epilepsies -- Benign childhood focal epilepsy -- Epileptic encephalopathies -- Structural (symptomatic) focal epilepsy -- Women and epilepsy -- Mortality and sudden unexpected death in epilepsy (SUDEP) -- Investigations for epileptic seizures -- Prophylactic treatment with antiepileptic drugs -- Comorbidities in epilepsy -- Psychogenic non-epileptic seizures -- Psychological treatments for epilepsy -- "Metamyth"©/Dramatherapy -- Complementary (alternative) treatments for epilepsy -- Dietary treatments for epilepsy and ketogenic diet -- Safety in epilepsy -- Psychosocial impact of epilepsy -- Psychosocial aspects- parental reactions and needs in idiopathic focal epilepsies -- Stigma in epilepsy and how to combat it -- Websites and other resources for people with epilepsy.
Sommario/riassunto	This book presents scientific evidence about epilepsy along with straightforward guidance and recommendations. Responses to frequently asked questions and clarification of uncertainties are provided to empower patients to optimize their medical, psychological

and social care. This book helps mediate between patients and health care professionals and can assist both sides to understand the condition of epilepsy at all levels. The information provided in the book empowers patients to share decision making with their carers and clinicians and enables them to make informed decisions, by taking into account the best scientific evidence, as well as the patients' values and preferences. The Epilepsy Book: A Companion for Patients is ideal for patients with epilepsy and their carers, and will also be of interest to health care professionals, medical students and teachers. Thalia Valeta's approach to epilepsy facilitates deeper understanding of the unmet needs and expectations of patients.

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