Record Nr. UNINA9910789997703321 Vitamins in the prevention of human diseases [[electronic resource] /] / **Titolo** edited by Wolfgang Herrmann, Rima Obeid Pubbl/distr/stampa Berlin, : Walter de Gruyter, c2011 **ISBN** 1-283-16473-6 9786613164735 3-11-021449-0 Descrizione fisica 1 online resource (744 p.) Altri autori (Persone) HerrmannWolfgang, Prof ObeidRima Disciplina 612.3/99 Soggetti Vitamins Vitamin therapy Lingua di pubblicazione Inglese **Formato** Materiale a stampa Livello bibliografico Monografia Description based upon print version of record. Note generali Nota di bibliografia Includes bibliographical references and index. Nota di contenuto History of the vitamins -- Vitamin A: retinol -- Vitamin B1: thiamine -- Vitamin B2: riboflavin -- Vitamin B6: pyridoxine -- Vitamin B9: folate -- Vitamin B12: cobalamin -- Vitamin C: ascorbic acid --Vitamin D: cholecalciferol -- Vitamin E: alpha tocopherol -- Vitamin K -- Betaine -- Choline -- Omega 3 polyunsaturated fatty acids (fish oil). This book provides up-to-date knowledge on the role of water and fat Sommario/riassunto soluble vitamins in the prevention of human diseases. The vitamins are essential food constituents with magnificent biological effects therefore, linking our biology to our lifestyle and environment. Onesided nutrition, smoking, alcohol, genetic factors, and even geographical origin interfere with our dietary intake of the vitamins. Therefore, it is not wondering that insufficient vitamin intake can impact our health and contribute significantly to the development of numerous diseases. The book offers expert reviews and judgements on the role of vitamins in our health and the link between vitamins deficiency and disease conditions at different life stages. Having knowledge about the association of vitamins and disease, as well as

keeping track on the patients vitamin status has become increasingly important to physicians, clinical chemists, epidemiologists, specialists

in nutrition, health professionals, researchers, and students who are interested in this area. Recent development in laboratory methods has helped making many issues in this field quantitative.

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Series of Functions -- Bibliography -- Appendix A Glossary --

Appendix B Hints and Solutions.

Sommario/riassunto This book provides a comprehensive, in-depth overview of elementary

mathematics as explored in Mathematical Olympiads around the world. It expands on topics usually encountered in high school and could even be used as preparation for a first-semester undergraduate course. This

first volume covers Real Numbers, Functions, Real Analysis, Systems of Equations, Limits and Derivatives, and much more. As part of a collection, the book differs from other publications in this field by not being a mere selection of questions or a set of tips and tricks that applies to specific problems. It starts from the most basic theoretical principles, without being either too general or too axiomatic. Examples and problems are discussed only if they are helpful as applications of the theory. Propositions are proved in detail and subsequently applied to Olympic problems or to other problems at the Olympic level. The book also explores some of the hardest problems presented at National and International Mathematics Olympiads, as well as many essential theorems related to the content. An extensive Appendix offering hints on or full solutions for all difficult problems rounds out the book.