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Titolo	Mental Health and Older People : A Guide for Primary Care Practitioners // edited by Carolyn A. Chew-Graham, Mo Ray
Pubbl/distr/stampa	Cham : , : Springer International Publishing : , : Imprint : Springer, , 2016
ISBN	9783319294926 331929492X
Edizione	[1st ed. 2016.]
Descrizione fisica	1 online resource (356 p.)
Disciplina	610
Soggetti	Psychiatry Primary care (Medicine) Psychology Primary Care Medicine Behavioral Sciences and Psychology
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Note generali	Description based upon print version of record.
Nota di bibliografia	Includes bibliographical references and index.
Nota di contenuto	Introduction: demographics, need, multi-morbidities, loneliness, loss, resilience and well-being -- Policy (UK and internationally) -- Depression and Anxiety: Prevalence -- Link with LTCs -- Identification and management -- Risk management -- Evidence for pharmacological and non-pharmacological interventions -- Models of care -- stepped care approach; collaborative care -- Role of third sector -- Delirium: Prevalence -- Identification and management -- When to refer -- Psychosis: Prevalence -- Identification and management -- Use of antipsychotics -- When to refer -- The Dementias: Prevalence -- Identification and management -- Risk to self and others -- Referral to specialist care -- Carers -- Shared care -- End-of life care -- Conclusions -- Appendices (including assessment schedules).
Sommario/riassunto	This case-based book offers primary care practitioners support in managing older people with difficulties due to mental health problems, emphasising the importance of integrating health and social care. The full range of disorders is covered, including anxiety and depression, delirium, psychosis and the dementias. The discussion of anxiety and

depression encompasses diagnosis and management, assessment of risk, evidence for both pharmacological and non-pharmacological interventions, and models of care. Clear guidance is provided on the identification and management of symptoms of delirium and different forms of psychosis in older people. The coverage of the dementias includes presentation, initial management, risks to self and others, referral to specialist care and care of older people in residential and nursing homes. Each chapter is co-written by authors from different professional backgrounds and draws on up-to-date national and international research and guidelines. The book will assist greatly in the commissioning and delivery of evidence-based practice. .
