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Nota di contenuto	Cover; Title Page; Copyright; Preface; Contents; Figures; Tables; Summary; Acknowledgments; Abbreviations; CHAPTER ONE Introduction; Our Approach; Description of Survey Sample and Survey Recruitment; Survey Instrument; Survey Response; Survey Analysis; Overall Sample Characteristics; Organization of This Report; CHAPTER TWO The Health Status of Contractors Who Are Deployed to Conflict Environments Is Not Well Understood: A Review of the Literature; Physical and Mental Health Risks Faced by Contractors in Conflict Environments Prevalence of Mental Health Problems Among Contractors Compared with Military Personnel Industry-Led Mental Health and Well-Being Initiatives; Stigma in Seeking Professional Mental Health Care; Denial of Defense Base Act Claims; Conclusion; CHAPTER THREE What Are the Deployment Experiences of Contractors?; Overall Contractor Deployment Experiences; Predeployment Training and Preparation; Contractors' Combat Exposure; Contractors' Living Conditions; Comparing Contractor and U.S. Military Deployment Experiences; Conclusions CHAPTER FOUR What Is the Mental Health Status of Contractors Who

Work in Conflict Environments? Proportion of Contractors Who Met Criteria for Probable Mental Health Problems; Conclusions; CHAPTER FIVE What Other Health Issues Affect Contractors Who Work in Conflict Environments?; Contractors' Overall Health Ratings Are Generally Positive; Contractors Reported a Variety of Physical and Mental Health Conditions Experienced as a Result of Deployment on Contract; Conclusions; CHAPTER SIX To What Extent Do Contractors Access Health Care, and What Are the Barriers to Receiving Health Care? Access to Health Care Health Insurance; Defense Base Act Claims; Utilization of Health Care; Access to Company-Provided Stress Management Resources; Perceived Barriers to Mental Health Treatment; Conclusions; CHAPTER SEVEN Conclusions and Policy Recommendations; Contractor Deployment Experiences Are Similar to Those of Military Populations but Vary by Nationality and Job Specialty; Contractors Are Affected by Serious Mental Health Problems; Contractors Also Suffer from Physical Health Problems Although Most Contractors Have Health Insurance, It Appears That Many of Their Health Care Needs Are Not Being Met Policy Recommendations; Increase Access to Stress Management and Mental Health Resources; Reduce Barriers to Seeking Treatment for Mental Health Problems; Conduct Additional Research to Better Understand the Needs of This Population; Conclusions; APPENDIXES; A. Additional Data Tables; B. Sensitivity Analyses; References

Sommario/riassunto

Private contractors have been deployed extensively around the globe for the past decade and may be exposed to many of the stressors that are known to have physical and mental health implications for military personnel. Results from a RAND survey offer preliminary findings about the mental and physical health of contractors, their deployment experiences, and their access to and use of health care resources.
