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Attitudes Toward Stress Response and Recovery Scale; Perceived Support Scale; Comparison to Other Populations; Chapter Five: Conclusions and Recommendations; Marines Have Significant Pre-Deployment Mental Health Burdens; Junior Enlisted Marines May Be More At-Risk Than Others; Marines Have Generally Positive Attitudes Toward Stress and Use Available Help-Seeking Resources; Limitations of This Study; Concluding Observation; Appendixes; A. Description of the OSCAR Program and RAND's Evaluation; B. Additional Methodological Detail; C. Additional Results Tables; References

Sommario/riassunto

As part of an evaluation of the Marine Corps Operational Stress Control and Readiness (OSCAR) program, this report describes the methods and findings of a large survey of marines who were preparing for a deployment to Iraq or Afghanistan in 2010 or 2011. The results are among the first to shed light on the pre-deployment mental health status of marines, as well as the social resources they draw on when coping with stress and their attitudes about seeking help for stress-related problems.
