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| Nota di contenuto       | Cover; Title Page; Copyright; Preface; Contents; Figures; Tables; Summary; Acknowledgments; Abbreviations; Chapter One: Introduction; Purpose and Organization of This Report; Chapter Two: Background; The Prevalence of Mental Health Problems and Alcohol Misuse in Military Populations; Posttraumatic Stress Disorder; Depression; Deployment-Related Factors That May Affect Mental Health; Rank; Deployment-Related Experiences; Gaps in Existing Knowledge; Chapter Three: Methods; Sampling; Procedures; Measures; Sociodemographic and Service History Characteristics<br>Lifetime History of Potentially Traumatic EventsCurrent Stress; Lifetime History of PTSD Symptom Severity; Depression; High-Risk Alcohol Use; Use of Social Resources for Stress and Potential Mental Health Problems; Attitudes Toward Stress Response and Recovery; Measure Properties; Statistical Analysis; Chapter Four: Results; Survey |

Participants; Estimated Prevalence of Mental Health and Stress-Related Problems; Lifetime Rates of Potentially Traumatic Events; Use of Help-Seeking Resources for Stress; Attitudes Toward Stress Response and Recovery

Attitudes Toward Stress Response and Recovery Scale Perceived Support Scale; Comparison to Other Populations; Chapter Five: Conclusions and Recommendations; Marines Have Significant Pre-Deployment Mental Health Burdens; Junior Enlisted Marines May Be More At-Risk Than Others; Marines Have Generally Positive Attitudes Toward Stress and Use Available Help-Seeking Resources; Limitations of This Study; Concluding Observation; Appendixes; A. Description of the OSCAR Program and RAND 's Evaluation; B. Additional Methodological Detail; C. Additional Results Tables; References

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## Sommario/riassunto

As part of an evaluation of the Marine Corps Operational Stress Control and Readiness (OSCAR) program, this report describes the methods and findings of a large survey of marines who were preparing for a deployment to Iraq or Afghanistan in 2010 or 2011. The results are among the first to shed light on the pre-deployment mental health status of marines, as well as the social resources they draw on when coping with stress and their attitudes about seeking help for stress-related problems.

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